

Back From The Fire

30 Count, 2 Wall, Advanced

Choreographer: Roy Verdonk, Jef Camps & Eleni De Kok (NL) Feb 2018 Choreographed to: Back From The Fire by Gold Brother











Intro 16 Counts

Section 1: Diagonal Step-Lock-Step, Step-Lock, Knee Pop, Drop, Back, 3/8 Step, ¾ Turn, Diagonal Rocking Chair

18 turn L & LF step forward, RF lock behind LF, LF step forward, RF step forward (10:30)

3&4& LF lock behind RF, pop R knee up while lifting R heel, drop R heel, LF step diagonally R back (10:30)

Styling: when popping the knee you can lift your R shoulder and bend your head towards the R shoulder

5 3/8 turn R & RF step forward (3:00)

6& ½ turn R & LF step back, ¼ turn R & RF step side (12:00)

7&8& 1/8 turn R & LF rock forward, recover on RF, LF rock back, recover on RF (1:30)

Section 2: Step, 1/8 Sweep, Cross, Back, Back, Cross, Back, ¼ Side, Touch, Point, Jazz Box, Cross

1-2 LF step forward, RF sweep forward making 1/8 turn L (12:00)

&3&4 RF cross over LF, LF step diagonally back, RF step diagonally back, LF cross over RF

&5 RF step back, ¼ turn L & LF step side (9:00)

6& RF touch next to LF, RF point to side

7&8& RF cross over LF, LF step back, RF step side, LF cross over RF

Section 3: Side, 3/4 Spiral Turn, Step, Side Rock/Recover, Weave With Sweep, Behind, 1/4 Step,

Rock Fwd/Recover, Coaster

1-2& RF step side, make ³/₄ spiral turn L on RF (LF hooked), step forward on LF (12:00)

3& RF rock side, recover on LF

4&5 RF cross over LF, LF step side, RF cross behind LF & sweep LF backwards

6& LF cross behind RF, ¼ turn R & RF step forward (3:00)

7&8& LF rock forward, recover on RF, LF step back, RF close next to LF

Section 4: Step, ¾ Hinge Turn, Cross Rock/Recover, Side, Cross, Side, Sailor
1-2& LF step forward, ½ turn L & RF step back, ¼ turn L & LF step side (6:00)
3&4& RF cross over LF, recover on LF, RF step side, LF cross over RF

5-6& RF big step side while sweeping LF 1/8 turn L, LF cross behind RF, RF step side slightly fwd (4:30)

Start again!

Restart: In wall 3 after 24 counts

Dance up to count 8& from the 3rd section and add a 1/8 turn R before restarting the dance to 4:30.

Tag + restart: In wall 6 dance up to count 6& from the second section and add following steps before restarting the

dance to the front wall

1 1/8 turn R and put weight on RF (4:30)

2-3 Bend through knees and lean forward while snapping fingers, stretch up
4-5 Bend through knees and lean forward while snapping fingers, stretch up
6-7 Bend through knees and lean forward while snapping fingers, stretch up

8 Bend through knees and lean forward while snapping fingers

Styling: Bring body and arms slightly in when bending and open up when stretching up

1-2 ½ turn L and bring weight on LF, RF lock behind LF and pop L knee up while snapping fingers (10:30)

3-4 LF step forward, RF lock behind LF and pop L knee up while snapping fingers (10:30)
 5-6 LF step forward, RF lock behind LF and pop L knee up while snapping fingers (10:30)
 7-8 LF step forward, RF lock behind LF and pop L knee up while snapping fingers (10:30)

Styling: In those locks make a rolling movement

Restart dancing to 10:30