



In My Soul

32 Count, 2 Wall, Improver

Choreographer: Irene Ottello (IT) Jan 2018

Choreographed to: Gotta Lot Of Rhythm In My Soul by Niamh Lynn

Start on 'I'

Section 1

TOE TOUCH, SAILOR STEP, MAMBO STEP, COASTER STEP

1&2 touch R toe to side, touch R toe beside L, touch R toe to side
3&4 right sailor step
5&6 rock left fwd, recover on right, step left back
7&8 step right back, step left beside right, step right fwd

Section 2

TOE TOUCH, SAILOR STEP, MAMBO STEP, COASTER STEP

1&2 touch L toe to side, touch L toe beside R, touch L toe to side
3&4 left sailor step
5&6 rock right fwd, recover on left, step right back
7&8 step left back, step right beside left, step left fwd

Section 3

MONTEREY ½ TURN, ROCK BACK JUMP, STOMP, KICK HOOK, KICK, FLICK, STEP LOCK STEP, SCUFF

1&2& point R to side, ½ turn R step R beside left, point L to left side, step L beside R
3&4 rock R back, recover on L, stomp R beside L
5&6& kick L fwd, hook L over R, kick L fwd
7&8 step left fwd, lock right behind, step left fwd

Section 4

SIDE, CROSS, SIDE, PIVOT ½ TURN, SIDE AND CROSS, SWIVEL HEELS

1&2 step right to right, cross left behind, step right to right
3&4 step left fwd, ½ turn right, step left fwd
5&6 step right to right, step left together, cross right over left
7&8 ½ turn L swivel both heels to R, return to center, swivel both heels to R (weight on L)