

## Steppin' off the Page

## The Official 2018 LDF Dance

## Gary <br> O'Reilly

## 4 WALL • 32 COUNTS • INTERMEDIATE

| Steps | Actual Footwork | Calling Suggestion | DIRECTION |
| :---: | :---: | :---: | :---: |
| Section 1 <br> \& 1-2 <br> 3 \& 4 <br> 5-6 <br> 7-8 | Out Out, Back, Coaster Step, Cross, $1 / 4$ Right, $1 / 4$ Right, $3 / 8$ Right <br> Step right forward and out to side. Step left out to side. Step right back. (1:30) Step left back. Step right beside left. Step left forward. <br> Cross right over left. Turn $1 / 4$ right stepping left back. (4:30) <br> Turn $1 / 4$ right stepping right forward. Turn $3 / 8$ right stepping left to side. (12:00) | Out Out Back Coaster Step Cross Quarter Turn Turn | On the spot Turning right |
| Section 2 <br> \& 1-2 <br> 3 \& 4 <br> 5-6 <br>  | Ball Side Rock, Crossing Samba $1 / 4$ Left, Paddle $1 / 4 \times 2$, Cross \& Heel \& Step ball of right beside left. Rock left to left side. Recover onto right. Cross left over right. Rock right to right side. Recover onto left, turning 1/4 left. Make two $1 / 4$ paddle turns left on left, touching right to right side. (3:00) Cross right over left. Step left to left side. Tap right heel diagonally forward. Step right beside left. | Ball Side Rock Cross Rock Turn Paddle Paddle Cross \& Heel \& | On the spot Turning left <br> On the spot |
| Section 3 <br> 1-2 <br> 3 \& 4 <br> Restart <br> 5-6 <br> 8 | Cross, Side, Sailor 1/4 Left, Rock Forward, 1/2 Turn, Pencil 1/2 Turn <br> Cross left over right. Step right to right side. <br> Turn $1 / 4$ left crossing left behind right. Step right beside left. Step left forward. <br> Wall 4: Restart the dance from the beginning. <br> Rock forward on right. Recover onto left. (12:00) <br> Turn $1 / 2$ right stepping right forward. <br> Make sharp $1 / 2$ turn right on ball of right, stepping left beside right. (12:00) | Cross Side Sailor Quarter <br> Rock Forward Half Turn Pencil Half | Right <br> Turning left <br> On the spot <br> Turning right |
| $\begin{gathered} \text { Section } 4 \\ 1-2 \\ 3 \& 4 \\ \& 5-6 \\ 7-8 \end{gathered}$ | Stomp, Hold, Kick \& Point \& Point, 1/4 Left, Step Pivot 3/8 Left <br> Stomp right out to right side. Hold. <br> Kick left forward. Step left beside right. Point right to right side. Step right beside left. Point left to side. Turn $1 / 4$ left stepping left forward. (9.00) Step right forward. Pivot $3 / 8$ left. (4:30) | Stomp Hold Kick \& Point \& Point Quarter Step Pivot | On the spot Turning left |
| $\begin{gathered} \text { Tag (i) } \\ \\ 1-2 \\ 3-4 \\ 5-6 \\ 7-8 \end{gathered}$ | End of Wall 2 (facing 7:30)- dance the full 20 counts of the Tag End of Wall 5 (facing 1:30)- dance first 16 counts only of the Tag Step, Sweep, Cross, Side, Behind, Sweep, Behind, Side Step right forward. Sweep left around from back to front. Cross left over right. Step right to right side. Cross left behind right. Sweep right around from front to back. Cross right behind left. Step left to left side. | Step Sweep Cross Side Behind Sweep Behind Side | On the spot Right <br> On the spot <br> Left |
| $\begin{gathered} \text { Tag (ii) } \\ 1-2 \\ 3-4 \\ 5-6 \\ 7-8 \end{gathered}$ | Step, Hold, Step Pivot 1/2, Step, Hold, Full Turn <br> Step right forward. Hold. <br> Step left forward. Pivot 1/2 turn right. (1:30) <br> Step left forward. Hold. <br> Turn $1 / 2$ left stepping right back. Turn $1 / 2$ left stepping left forward. (1:30) | Step Hold <br> Step Pivot <br> Full Turn | Forward Turning right Forward Turning left |
| $\begin{gathered} \text { Tag (iii) } \\ 1-4 \end{gathered}$ | Semi-circle Walk Left <br> Walk 1/2 circle left, stepping - right, left, right, left (starts 1:30, ends 7:30) | Walk Round | Turning left |
| 'Fun' Tag <br> $1 \& 2$ <br> \& 3 \& 4 <br> \& 5 \& 6 <br> \& 7 \& 8 | End of Wall 8 (3:00): 8 counts, so for Fun: <br> Stomp, Bounce $\mathbf{x} 7$ (With Arms) <br> Stomp right slightly to right side. Raise right heel. Drop right heel. <br> Right heel - up, down, up, down. <br> Right heel - up, down, up, down. <br> Right heel - up, down, up, down. | Stomp Bounce Bounce Bounce Bounce Bounce Bounce Bounce | On the spot |
| Styling | Counts 1-4: Gradually raise both arms from sides, palms open, and look Counts 5-8: Bring arms down to crossed and folded, and looking straigh | up. head. |  |
| Ending 1 | Wall 11, Count 16 (following Cross \& Heel \&): Cross Stomp cross left over right, arms out to side, palms open, and looking up. | Cross | On the spot |

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[^0]:    Choreographed by: Choreographed to:

    ## Restart:

    Tag:
    'Fun' Tag
    Choreographer's note

    Gary O'Reilly (IRE) January 2018
    'Amen' by Matthew West from Album 'All In' (download available from Amazon and iTunes) (16 count intro from first heavy beat)
    One Restart during Wall 4 after count 20
    One Tag (20 counts) danced in full after Wall 2; First 16 counts only of same Tag danced after Wall 5
    End of Wall 8 there are 8 counts, so enjoy doing the Fun Tag
    Make the whole dance FUN and don't forget to 'Funk The Preacher Man'!

    Acuards

