



Change Your Life EZ

16 Count, 4 Wall, Beginner

Choreographer: Maryloo (FR) Jan 2018

Choreographed to: Change Your Life by Little Mix

Alt. Music : Little Me (Unplugged) by Little Mix - intro 16 counts

Intro : 8 + 16 counts (Change your Life)

**Section 1 R Nightclub Basic, L Nightclub Basic, R Fwd, L Fwd, 1/2 Pivot R, L Fwd,
1/2 Turn L, 1/4 Turn L.**

1-2& Step R to side, rock L behind R., recover on R.

3-4& Step L to side, rock R behind L, recover on L

5-6& Step R forward, step L forward, pivot 1/2 turn right (weight on R) (6.00)

7-8& Step L forward, 1/2 turn to left stepping R back (12.00), 1/4 turn to left, stepping L to side (9.00)

**Section 2 Cross Rock Step R, Cross Rock Step L, Step Pivot 1/2 Turn L, Full Turn L,
R Fwd, L Fwd**

1-2& Cross R over L, recover on L, step R to side

3-4& Cross L over R, recover on R, step L to side

5-6 Step R forward, pivot 1/2 turn left (weight on L) (3.00)

7&8& 1/2 turn left stepping R back (9.00), 1/2 turn left stepping L forward(3.00),
step R forward, step L forward

1 Take the beginning of The dance : Step R to side ...