



Intro: 8 + 16 counts
Alt. Music: Little Me (Unplugged) by Little Mix - No Restart! - Intro: 16 counts

Section 1 R NIGHTCLUB BASIC, L NIGHTCLUB BASIC, R FWD, L FWD, 1/2 PIVOT R,
L FWD, 1/2 TURN L, 1/4 TURN L.
1-2& Step R to side, rock L behind R., recover on R.
3-4& Step L to side, rock R behind L, recover on L
5-6& Step R forward, step L forward, pivot 1/2 turn right (weight on R) (6.00)
7-8& Step L forward, 1/2 turn to left stepping R back (12.00), 1/4 turn to left, stepping L to side (9.00)

Section 2 CROSS ROCK STEP R, CROSS ROCK STEP L, STEP PIVOT 1/2 TURN L, FULL TURN L,
R FWD, L FWD
1-2& Cross R over L, recover on L, step R to side
3-4& Cross L over R, recover on R, step L to side
5-6 Step R forward, pivot 1/2 turn left (weight on L) (3.00)
7&8& 1/2 turn left stepping R back (9.00), 1/2 turn left stepping L forward(3.00), step R forward,
step L forward
***Restarts here on the 2nd, 5th and 8th wall**

Section 3 1/4 TURN L STEPPING R TO SIDE, BACK ROCK 1/2 R, BACK ROCK 1/4 L, L SAILOR,
R SAILOR
1 1/4 turn to L and step R to side (12.00)
2&3 Rock L back, recover on R, turn 1/2 turn right stepping L back (6.00)
4&5 Rock R back, recover on L, turn 1/4 turn left stepping R to side (3.00)
6&7 Step L behind R, step R to side, step L to side (moving back slightly)
&8& Step R behind L, step L to side, step R to side (moving back slightly)

Section 4 L BEHIND, 1/4 TURN R STEPPING R FWD, STEP PIVOT 1/2 TURN R, L FWD,
FULL TURN L, 1/4 TURN L STEPPING R TO SIDE, SWAYS (L.R.L.)
1-2 Step L behind R, 1/4 turn right stepping R forward (6.00)
3&4 Step L forward, pivot 1/2 turn right (weight on R) (12.00), step L. forward
5&6 1/2 turn left stepping R back (6.00), 1/2 turn left stepping L forward (12.00),
1/4 L stepping R to R side (9.00)
7- 8& Step L to side swaying to left, sway to right, sway to left
1 Take the beginning of the dance : Step R to side.....

***RESTART:** (Music: Change Your Life - only!)
On the 2nd wall , after 16 counts (12.00)
On the 5th wall , after 16 counts (9.00)
On the 8 th wall, after 16 counts (6.00)

ENDING: Cross R over L, unwind 1/4 turn left, to finish at 12.00 o' clock!