



Losing Control

32 Count, 4 Wall, Improver, Samba
Choreographer: Maria Maag (DK) January 2018
Choreographed to: Mamma Mia by
Darin feat. Prophet of 7Lions

16 counts from heavy beat in music (19 sec. into track)

1-8 Samba R, samba L, weave L behind 1/4 R

- 1&2 Cross R over L (1), rock L to L (&), recover R (2) 12:00
- 3&4 Cross L over R (3), rock R to R (&), recover L (2) 12:00
- 5&6 Cross R over L (5), step L to L (&), cross R behind L turn 1/8 R (6) 01:30
- 7&8 Step back L (7), turn 1/8 R stepping R to R (&), cross L over R (8) 03:00

9-16 Side back rock R side back rock L, volta 1/2 turn R

- 1&2 Step R to R (1), rock back L (&), recover R (2) 03:00
- 3&4 Step L to L (3), rock back R (&), recover L (4) 03:00
- 5&6& 1/8 R step forward. R (5), lock L behind R (&), 1/8 R step forward. R (6), lock L behind R (&) 06:00
- 7&8 1/8 R step forward. R (7), lock L behind R (&), 1/8 R step forward. R (8) 09:00

17-24 Mambo forward. L mambo back R, step shimmy L, shimmy L

- 1&2 Rock forward. L (1), recover R (&), step L next to R (2) 09:00
- 3&4 Rock back R (3), recover L (&), step R next to L (4) 09:00
- 5-6 Step L to L bend knees and shimmy upper body (5), step R next to L (6) 09:00
- 7-8 Step L to L bend knees and shimmy upper body (7), step R next to L (8) 09:00

25-32 Mambo L mambo R, point switches L + R, kick ball change R

- 1&2 Rock L to L (1), recover R (&), step L next to R (2) 09:00
- 3&4 Rock R to R (3), recover L (&), step R next to L (4) 09:00
- 5&6 Point L to L (5), step L next to R (&), point R to R (6) 09:00
- 7&8 Kick R forward. (7), step R next to L (&), step down L (8) 09:00

Ending On wall 10 after 24 counts (facing 06:00), make a sharp 1/2 turn L stepping down L... The End

Have fun and Enjoy