



Feel Good

48 Count, 2 Wall, Improver

Choreographer: Judy Rodgers (USA) Jan 2018

Choreographed to: Feel Good by Tyrone Wells.

CD: Roll With It

16 count intro

Section 1: Step lock & step lock, rock recover, coaster step

1-2& Step R fwd to right diagonal, step lock L behind R, step R fwd
3-4& Step L fwd to left diagonal, step lock R behind L, step L fwd
5-6 Rock R fwd, recover L
7&8 Step R back, step L beside R, step R fwd

Section 2: Side, behind, shuffle turn 1/4 L, turn 1/2 L, turn 1/2 L, shuffle

1-2 Step L to left side, step R behind L
3&4 Turn 1/4 left shuffle forward L R L 9:00
5-6 Turn 1/2 left step R back, turn 1/2 L step L fwd
7&8 Shuffle fwd R L R

Section 3: Side rock & side rock, sailor turn 1/4 R, sailor step

1-2 Rock L to left side, recover R
&3-4 Step L together, rock R to right side, recover L
5&6 Turn 1/4 right step R behind L, step L to left side, step R to right side 12:00
7&8 Step L behind R, step R to right side, step L to left side

Section 4: Walk, walk, rock recover turn 1/2 R, shuffle, rock recover

1-2 Walk R, walk L
3&4 Rock R fwd, recover L, turn 1/2 right step R fwd 6:00
5&6 Shuffle fwd L R L
7-8 Rock R fwd, recover L
*** Restart here on Wall 6 facing 12:00

Section 5: Back, turn 1/4 L, cross & cross, side rock, behind, turn 1/4 R

1-2 Step R back, turn 1/4 left step L to left side 3:00
3&4 Cross R over L, step L to left side, cross R over L
5-6 Rock L to left side, recover R
7-8 Step L behind R, turn 1/4 right step R fwd 6:00

Section 6: Kick ball point, kick ball point & point, drag/touch

1&2 Kick L fwd, step down L, point R to right side
3&4&5 Kick R fwd, step down R, point L to left side, step L beside R, point R
6-8 Drag R to L over 3 counts

One Restart: Wall 6 - dance 32 counts and restart from beginning of dance facing 12:00

Ending: Wall 8 ...dance 16 counts....add 1 count 'turn 1/4 L step L to left side' to face front!