Proud Mary '18

Phrased, 88 Count, 1 Wall, Improver
Choreographer: Glynn 'Applejack' Rodgers (UK) January 2018
Choreographed to: Proud Mary by
Creedence Clearwater Revival

24 counts into start on vocals
Sequence A B A B C A B C A B B B B

Part A Verse (and instrumental on 3rd repetition)

Rock Step, Shuffle ½ turn, Pivot ½ Turn, Walk Forward.
1-2	Rock forward right, recover weight on to left.
3&4	Shuffle ½ right stepping right-left-right.
5-6	Step forward left, pivot ½ turn right.
7&8	Walk forward left-right.

Rock Step, Shuffle ½ turn, Pivot ½ Turn, Walk Forward.
1-2	Rock forward left, recover weight on to right.
3&4	Shuffle ½ turn left stepping left-right-left.
5-6	Step forward right, pivot ½ turn left.
7-8	Walk forward right-left.

Partial Figure of 8 Grapevine with ¼ Turn.
1-2	Step right to right side, cross left behind right.
3-4	Turn ¼ right stepping forward right, step forward left.
5-6	Pivot ½ turn right, turn ¼ right stepping left to left side.
7-8	Cross right behind left, turn ¼ left stepping forward left.

¼ Chasse Right, Back Rock, Chasse Left, Back Rock.
1&2	Turn ¼ left with chasse right stepping right-left-right.
3-4	Rock back left, recover weight on to right.
5&6	Chasse left stepping left-right-left.
7-8	Rock back right, recover weight on to left.

Camel Walks Forward Right & Left.
1-2	Step right diagonally forward, slide left to right.
3-4	Step right diagonally forward, slide left to right & clap hands.
5-6	Step left diagonally forward, slide right to left.
7-8	Step left diagonally forward, slide right to left & clap hands.

Option use 'shoop shoop' arms on the above section

Diagonal Step & Claps Back x4.
1-2	Step diagonally back right, touch left beside right & clap hands.
3-4	Step diagonally back left, touch right beside left & clap hands.
5-6	Step diagonally back right, touch left beside right & clap hands.
7-8	Step diagonally back left, touch right beside left & clap hands.

Part B Chorus ("Rolling, rolling, rolling on the river")

Rolling Grapevine Right & Left with Claps.
1-2	Turn ¼ right stepping forward right, turn ½ right stepping back left.
3-4	Turn ¼ right stepping right to right side, touch left beside right.
5-6	Turn ¼ left stepping forward left, turn ½ left stepping back right.
7-8	Turn ¼ left stepping left to left side, touch right beside left.

¼ Turn Right x2, Back Rock, Kick Ball Cross x2.
1-2	Turn ¼ right stepping forward right, turn ¼ right stepping side left.
3-4	Rock back right, recover weight on to left.
5&6	Kick right forward, step right to place, cross left over right.
7&8	Kick right forward, step right to place, cross left over right.

Part C Bridge – Instrumental

Grapevine Right, Pivot ½ Turn x2.
1-2	Step right to right side, cross left behind right.
3-4	Step right to right side, touch left beside right.
5-6	Step forward left, pivot ½ turn right.
7-8	Step forward left, pivot ½ turn right.

Grapevine Left, Pivot ½ Turn x2.

1-2 Step left to left side, cross right behind left.
3-4 Step left to left side, touch right beside left.
5-6 Step forward right, pivot ½ turn left.
7-8 Step forward right, pivot ½ turn left.

K Step with Claps.

1-2 Step diagonally forward right, touch left beside right & clap hands.
3-4 Step diagonally back left, touch right beside left & clap hands.
5-6 Step diagonally back right, touch left beside right & clap hands.
7-8 Step diagonally forward left, touch right beside left & clap hands.

Optional Ending

On the last repetition of section B the song fades out at around count 12 and you will end up facing the back when the music ends – you can replace counts 9-12 with further rolling vine to the right to keep you facing the front wall at the end of the song.