



Start On The Heavy Beat

- Section 1** **Prissy Walks R, L, R Rocking Chair, 1/2 Turn R, 3/4 Turn R, L Cross**
1, 2, 3&4&
5&6, 7&8
Cross Walks Forward Rf, Lf, Rf Rock Forward, Lf Recover, Rf Rock Back, Lf Recover (12)
Rf Rock Forward, Lf Recover, Turn 1/2 R Stepping On Rf, 1/2 Turn R Stepping Lf Back,
1/4 Turn R Step Rf To R, Cross Lf Over Rf (3)
- Section 2** **R Side Rock, Recover, R Cross Shuffle, Back L, Side R, L Cross, Back R, Side L, R Cross,**
1, 2, 3&4
5&6, 7&8
Rf Rock To R Side, Recover On Lf, Rf Cross Shuffle (3)
Back Lf, Rf Diagonal Back To R, Lf Cross Over Rf, Back Rf, Lf Diagonal Back To L, Rf Cross Over Lf
- Section 3** **Step L, Rock R Behind L, Turn 1/4 L, Step R, Rock L Behind, Turn 1/4 L, Step L, R Rocking Chair**
1, 2&3, 4&
5, 6&7&8&
Big Step L, Drag Rf To Rock Behind Lf, Recover On Lf, Turn 1/4 L, Big Step R,
Drag Lf To Rock Behind Rf, Recover On Rf, (12),
Turn 1/4 L, Big Step L, Drag And Rock Rf Over Lf, Recover On Lf, Rf Rock Side R, Recover On Lf,
Rf Rock Over Lf, Recover On Lf (9)
- Section 4** **Turn 1/4 R, R Forward, L Kick And Cross And Heel And Touch And Heel And Cross And Unwind Full Turn**
1, 2&3&4
5&6&7, 8
Turn 1/4 R Stepping Rf Forward, Lf Kick Forward, Step On Lf, Rf Cross Over Lf,
Step Lf Back Diagonal L, Touch R Heel Forward Diagonal R (12)
Step On Rf, Touch L Toe To R Heel, Step Back On Lf, Touch R Heel Forward,
Step On Rf Crossing Lf Over Rf, Unwind Full Turn R, Keep Weight On Lf (12)
- Section 5** **R Dorothy Step, Touch Heel To Side, Hold With 2 Hip Bumps (HANDS). Repeat These Steps**
1, 2&3&4
5, 6&7&8
Step Rf Forward Diagonal R, Step Lf Behind Rf, Step Rf Forward Diagonal R Touching L Heel Forward
Diagonal L, Hold With 2 Hip Bumps (ARMS Are Straight Down, PUSH Palms Of Hands Down R,
L During Hip Bumps) (12)
Bringing Lf To Rf, Repeat Above Steps (12)
- Section 6** **1/4 L Step L, R Cross, 1/4 R, Back On L, 1/4 R, Side R, L Cross, 1/4 L Back On R, 1/2 L, Step Forward L, Step Forward R, 1/2 Pivot L, Step Forward L, Step Out, Out Then In, In**
&1, 2&3, 4
&5, 6&7&8
Turn 1/4 L Step Lf To L, Cross Rf Over, Turn 1/4 R, Lf Back, Turn 1/4 R, Step Rf To R, Cross Lf Over,
Turn 1/4 L, Rf Back, (12)
Turn 1/2 L Onto Lf, Forward Rf, Pivot 1/2 L, Forward Lf, Step Rf Out To R, Step Lf Out To L,
Bring Rf Back To Centre, Step Lf Beside Rf (12)
- Section 7** **Step R, Rock To L, Recover, Step L Beside R, Rock To R, Recover, Step R Beside L, Step L Forward, Full Spiralturn, Into R, Lock, R**
&1, 2&3, 4
&5, 6, 7&8
Step Rf Slightly R, Rock Lf Out To L Side, Recover On Rf, Step Lf Beside Rf, Rock Rf Out To R Side,
Recover On Lf (12)
Step Rf Beside Lf Stepping Lf Forward, R Spiral Turn On The Spot, Forward Rf, Lock Lf Behind,
Forward Rf (12)
- Section 8** **L Lock, R Forward, L Cross, 1/8 L Step Back On R, 1/8 L Step Side L, Step R Behind, 1/8 L Step L Forward, 1/8 L Step To R, L Cross, R Side, L Behind, Point R Toe To R (SEMI-CIRCLE 1/2 Turn)**
&1, 2&3, 4&5
6&7, 8
Lf Lock Behind Rf, Rf Forward, Cross Lf Over Rf, Turn 1/8 L, Rf Step Back, Turn 1/8 L,
Step Lf To L Side, Step Rf Behind Lf, Turn 1/8 L, Step Lf Forward, Turn 1/8 L, Step Rf To R Side (6)
Cross Lf Over Rf, Step Rf To R Side, Step Lf Behind Rf, Point R Toe To R Side (6)
- Tag:** **16 Counts, DANCED 4 Times**
1, 2&3, 4
5&6&7, 8
1&2, 3&4
5&6&7&8
Rock Forward On Rf, Recover On Lf, Step Rf Next Lf And Point L Toe Back, Turn 1/2 L,
Put Weight On Lf
Rf Kick, Step On Rf, Point L Toe Out To L Side, Step Lf Beside Rf, Point R Toe To R Side,
Monteray 1/2 Turn R, Put Weight On Rf
Lf Cross Rock Over Rf, Recover On Rf, Step Lf To L Side, Rf Cross Rock Over Lf,
Recover On Lf, Step Rf To R Side
Lf Cross Rock Over Rf, Recover On Rf, Turn Full Circle L Stepping Lf, Rf, Lf, Rf, Lf (CHASE Turn)

Sequence Of Dance Is :

Wall 1	64 Counts	Tag	
Wall 2	64 Counts	Tag	
Wall 3	48 Counts	Tag	Restart At 12 O Clock
Wall 4	64 Counts		
Wall 5	32 Counts	Tag	Restart At 6 O Clock
Wall 6	16 Counts	Turn 1/4 R,	Step To L To Finish At Front Wall

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768^{*charged at 10p per minute}