



### Start with Right foot – 8 counts

#### **Section 1 Side rock – Behind - ¼ turn L - Forward- Rock – Back Back – ½ turn Forward**

1 - 2 Rock R to R – Recover L  
Arms mvt: Sway R arm to R. Bend L elbow up and sway R arm back under L  
3 & 4 Cross R behind L – Step L to L with ¼ turn L – Step forward on R  
Arms mvt: Roll your arms inward and keep R down  
5 - 6 Rock forward on L – Recover on R  
Arms mvt: Reach out L forward - Pull it back closed fist  
7 & 8 Step back on L – Step back on R – ½ turn L step forward on L  
Arms mvt: Keep closed fists and roll arms back (like a locomotive) as walking back on steps 7&8

#### **Section 2 Side – Behind – ¼ turn R – Side – Behind Side Forward – Press – Back - Coaster step**

1 & 2 Step R to R – Cross L behind R – ¼ turn R step forward  
&3&4 Step L to L – Cross R behind – Step L to L – Step forward on R  
5 – 6 Press forward on L – Recover on R  
Arms mvt: As you press forward, reach out L arm forward and keep it extended until step 7  
7&8& Step back on L – Step back on R – Step L together – Step forward on R

#### **Section 3 Side Together Side – Jazz box ¼ turn R (repeat)**

1 & 2 Step L to L (small step) – Step R next to L – Step L to L (large step)  
Arms mvt: Push both arms to both sides  
3 & 4 Cross R over L – Step back on L with ¼ turn R – Step R to R  
Arms mvt: Cross R arm then L arm over the chest  
5&6 – 7&8 Repeat step 1&2 – 3&4

#### **Section 4 Step Lock Step – Step Lock – Side Rock ¼ turn R – Step Back R/L – Coster step - Step forward**

1&2&3 Step forward L – Lock R behind – Step forward L – Step forward R – Lock L behind  
Arms mvt: Keep both arms across the chest  
&4 Rock R to R – Recover on L with ¼ turn R  
Arms mvt: Uncross arms  
5 - 6 Large step back on R – Large step back on L  
Arms mvt: Reach out L arm forward then R  
7&8& Step back on R – Step L together – Step forward on R – Step forward on L

### End of dance and enjoy!

**Note:** Special thanks to Caroline for working on this dance with me.  
Please, don't be put off with the arms movement, they come easily with the steps.