



## Be Your Hero

32 Count, 4 Wall, Improver  
Choreographer: Norman Gifford (USA) Oct 2017  
Choreographed to: Hold On by ZZ Ward

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- Section 1**      **Side-ball-change-ball-heel-ball-toe, kick-ball-change, kick-ball-touch**  
1&      Right toe touch side; right together  
2&      Left toe touch side; left together  
3&4      Right heel touch forward; right together; left toe touch back  
5&6      Left kick forward; left together; right step in place  
7&8      Left kick forward; left together; right toe touch by left
- Section 2**      **Side-rock, cross-side-cross, side-rock, behind-side-forward**  
1-2      Right rock side; left replace  
3&4      Right crossover; left step slightly side; right step crossed over  
5-6      Left rock side; right replace  
7&8      Left behind; right step side; left step forward  
**Restart here on wall #3, facing 6:00**
- Section 3**      **Windshield wiper turn ½ right, cross-rock, replace, back cross-lock steps to the side**  
1-2      Right rock forward; left replace  
3&4      Triple-step turn ½ right (RLR) [6:00]  
5-6      Left cross-rock; right replace  
7&8      Left step back; right crossover; left step back (done to the side facing 7:30)  
**Travel sideways maintaining the 6:00 wall on this lock-step**
- Section 4**      **Modified vaudville, side rock-step, turning sailor-step turning ¼ left**  
1-2      Right step back left diagonal; left replace  
&3      Right step side; left heel touch forward diagonal  
&4      Left step back; right crossover  
5-6      Left rock side; right replace  
7&8      Left sweep behind turning ¼ left; right together; left step slightly forward [3:00]

### Begin Again