

Website: www.linedancerweb.com

Email: admin@linedancerweb.com

Bustin' Out

BEGINNER

48 Count

Choreographed by: Andie Ghidiu Choreographed to: Dance! Shout! by Wynonna

APPLEJACKS, TRAVELING PIGEONS, PUMP AND HITCH 1 & 2 & Single applejacks (left, return, right, return) 3 & 4 & Traveling to the left: Heels in-toes out, toes in-heels out, Heels in-toes out, left heel out while hitching right knee toward left in preparation for pump 5 Pump right foot back at a right diagonal (left heel will twist right) & Hitch right knee 6 Return right foot next to left Low hop in place on left foot while hitching right knee across left 7 Return right foot next to left with toes pointed in 8 APPLEJACKS, TRAVELING PIGEONS, PUMP AND SPIN 9 & 10 & Single applejacks (right, return, left, return) 11 & 12 & Traveling to the right: Heels in-toes out, toes in-heels out, Heels in-toes out, left toe in while hitching right knee toward left 13 Pump right foot back at a right diagonal & Hitch right knee 14 Return right foot touching next to left & Hitch right knee Pump right back at a right diagonal 15 Hitch right knee while turning full turn to the right on left foot & 16 Step down on right DIAGONAL KICKS, MODIFIED SAILOR'S STEP, REPEAT OPPOSITE FOOT 17 Kick left leg forward diagonally to right (allow body to turn) Kick left leg back at same diagonal 18 19 Step left foot behind right Step right foot to right side & 20 Step left foot to left side to end with body facing diagonally left of front 21 Kick right leg forward diagonally to left (allow body to turn) 22 Kick right leg back at same diagonal 23 Step right foot behind left Step left foot to left side & Step left foot to left side to end with body facing 1/4 right of front wall 24 MOONWALK, 1/4 PIVOT, FULL SPIN Three sliding steps back (right, left, right) bending opposite knee (moon walk) 25 - 27 Touch left next to right while snapping fingers of right hand 28 Point left toe to left side 29 Turn 1/4 left rolling weight forward onto left 30 31 - 32Make a full spin right on left foot ending feet apart /When using "Dance, Shout!," add 4 counts do your own thing here on 6th wall only SCOOTS, KNEE WORKS, HIP BUMPS Scoot forward 2 times keeping feet apart 33 - 34& 35 Bend right knee toward left, then back out Bend left knee toward right, then back out & 36

/Arm movements: Left arm starts at chest level, elbow bent with forearm perpendicular to floor and moves across body towards right side and then back when right knee moves in and out, right arm moves across body toward left side and then back when left knee moves in and out

37 & 38	Both knees in, then out, then stand and straighten knees
& 39 & 40	/Hands on thighs for these Bend left knee hooking foot behind right leg, touch with right hand Return foot twisting both feet so that toes (but not upper body) point 1/4 right, bump hips right, left. (pump arms with hips)
41 - 42 & 43 - 44 45 46 47 & 48	HOLD, TRAVELING BODY ROLL (DOLPHIN), CROSS UNWIND, SWIVEL Hold or do your own thing Lean slightly forward and step back with right foot Step back with left, roll body back toward wall 1/4 left of front and end with weight on left foot Cross right foot behind left Unwind 1/2 turn Twist 1/4 right on right heel and left toe, return to center, bump hips right.

/Arms: On 47 right arm is bent at elbow with forearm across chest perpendicular to floor, left arm is extended left at shoulder level and hands are in fists, on &48 bring arms together with both elbows bent toward waist to end with arms crossed at wrists at chest level

REPEAT

/If using "Chain Of Fools," on 3rd wall only add 4 counts do your own thing before kicks, and 2 counts at end after swivel.

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 *charged at 10p per minute