



Better When I Dance

32 Count, 4 Wall, Beginner

Choreographer: Danielle Schill (USA) Oct 2017

Choreographed to: Better When I'm Dancing by
Meghan Trainor

Section 1

Step Right Diagonal, Lock, Shuffle, Step Left Diagonal, Lock, Shuffle

- 1-2 Step to right front corner, bring left foot up to right side behind right (lock)
3&4 Step to right front corner, step left toe next to right instep, step right to front corner (shuffle)
5-6 Step to left front corner, bring right foot up to left side behind left (lock)
7&8 Step to left front corner, step right toe next to left instep, step left to left corner (shuffle)

Section 2

Grapevine Right, Grapevine Left W/ ¼ Turn Left & Hop

- 1-4 Step right to right side(1), cross left behind right (2), step right to right side(3),
tap left next to right(4)
5-8 Step left to left side (5), cross right behind left (6), step left to left side turning ¼ turn left (7),
hop forward with both feet together keeping weight on left (8) (9:00)

Section 3

Rock R, Rock L, Repeat

- 1&2 Step right to right side, recover weight to left, step right back next to left
3&4 Step left to left side, recover weight back to right, step left back next to right
5-8 Repeat 1-4

***Styling note: These are BOUNCY movements. Move as if on the odd number steps, you're stepping that foot onto a trampoline to bounce back to center.**

Section 4

Paddle ½ Turn Left, V Step

- 1-4 With weight on left toe, use right toe to push off 4 times to the left,
making a ½ turn over left shoulder (paddle)
5-8 Step right to right front corner, step left directly out to the left, step right back to back center
position and step left down next to right (v step)

Repeat