



## Body Moves

64 Count, 2 Wall, Intermediate  
Choreographer: Jamie Barnfield (UK) Sept 2017  
Choreographed to: Body Moves by DNCE.  
Album: DNCE

**Track:** 3:56mins

**Intro:** 16 count (on main vocals)

**Section 1: Forward Tap Back, R Sailor Step, Hold, Ball Point, Side, Kick**

1&2 Step forward on right, Tap left behind right, Step back on left  
3&4 Cross right behind left, Step left in place, Step right to right side  
5&6 Hold, Close left to right, Point right to right side  
7-8 Swing hips anti-clockwise from left to right taking weight on right, Kick left to left diagonal

**Section 2: Behind ¼ Step, Step, Pivot ½, Step Lock Step Step, Lock, Step**

1&2 Step left behind right, Turn ¼ right stepping forward on right, Step forward on left (3:00)  
3-4 Step forward on right, Pivot ½ left (weight on left) (9:00)  
5&6& Step forward on right, Lock left behind right, Step forward on right, Step forward on left  
7-8 Lock right behind left bending knees slightly, Step forward on left straightening knees (9:00)

**Section 3: Scuff, Rock & Back & Point & Point & Step, Pivot ½, Step**

1-2& Scuff right forward hitching right knee slightly, Rock forward on right, Recover on left  
3&4& Rock back on right, Recover on left, Point right to right side, Close right next to left  
5&6 Point left to left side, Close left next to right, Step forward on right  
7-8 Pivot ½ left on left, Step forward on right (3:00)

**Section 4: L Dorothy, R Dorothy, L Jazz Box Touch**

1-2& Step forward on left, Lock right behind left, Step forward on left  
3-4& Step forward on right, Lock left behind right, Step forward on right (3:00)  
5-6 Cross left over right, Step back on right  
7-8 Step left to left side, Touch right next to left (angling body 1:30 prep) (3:00)

**Section 5: ¼ R, Sweep, Tap, Back, Sweep, ¼ R, Rock, Recover, L Coaster Step**

1-2& Turn ¼ right stepping forward on right, Sweep left from back to front crossing left over right, Tap right behind left (6:00)  
3-4& Step back on right, Sweep left from front to back stepping left behind right, Turn ¼ right stepping forward on right (9:00)  
5-6 Rock forward on left, Recover on right  
7&8 Step left back, Close right next to left, Step forward on left (9:00)

**Section 6: R Forward Hip Bumps, L Forward Hip Bumps, Cross, Back & Cross, Point**

1&2 Touch right toe forward to right diagonal bumping hips forward, back, forward (taking weight on right)  
**(Styling: Bump hips up & forward (1) down & back (&), down & forward (2))**  
3&4 Touch left toe forward to left diagonal bumping hips forward, back, forward (taking weight on left)  
**(Styling: Bump hips up & forward (3) down & back (&), down & forward (4))**  
5-6& Cross right over left, Step back on left, Step right to right side (squaring up to 9:00)  
7-8 Cross left over right, Point right to right side

**Section 7: R Sailor, ¼ L Sailor, R Kick Ball Change, Step, Slide**

1&2 Cross right behind left, Step left in place, Step right to right side  
3&4 Cross left behind right, Turn ¼ left stepping right in place, Step forward slightly on left (6:00)  
**\* Restart Wall 5**  
5&6 Kick right forward, Close right next to left, Step left in place  
7-8 Long step forward with right, Slide left up to right taking weight on left (6:00)

**Section 8: Syncopated Forward Rocks X 2, L Full Turn**

1-2& Rock right forward, Recover on left, Close right next to left  
3-4& Rock left forward, Recover on right, Close left next to right  
5-8 Turn left walking a full circle stepping right, left, right, left (6:00)

**\*Restart: Wall 5 restart dance after 52 counts (S7 after 4 counts)**

**Ending: During Wall 7 dance S1 (cts 1-8) & add the following 1 count:**

**Cross left over right swinging both hands to right side and clicking fingers**