



**Time: 3:35 Min. Bpm: 112**

**Section 1: R Heel Dig X 2 Diagonal, Back Side Cross, L Heel Dig X 2 Diagonal, Back Side 1/4 Turn R**  
1 - 2 R Heel Diagonal Forw. In The Floor X 2 12  
3 & 4 R Behinde L, L To L Side, R Cross Over L 12  
5 - 6 L Heel Diagonal Forw. In The Floor X 2 12  
7 & 8 L Behind R, R 1/4 Turn R, Step L Forw. 3

**Section 2: Walk R L Forw. R Shuffle Forw. L Rocking Chair**  
9 - 10 Step R Forw. Step L Forw. 3  
11 & 12 R Forw. L Beside R, R Forw. 3  
13 - 14 L Forw. Back On R, 3  
15 - 16 Back On L, Forw. On R 3

**Section 3: L Pivot Turn, R Shuffle Forw. 3/4 Turn L, R Cross Shuffle**  
17 - 18 Forw. On L, Turn 1/2 R, Wight Into L 3  
19 & 20 Forw. On R, L Beside R, R Forw. 9  
21 - 22 Turn 1/4 Out On R ( Facing 6 O`Clock ), Turn 1/2 L ( Facing 9 O`Clock ) 9  
23 & 24 Cross R Over L, L Beside R, Crose R Over L 12

**Section 4: L Side Rock, L Sailor 1/4 Turn, L Pivot Turn, R Kick Ball Change**  
25 - 26 L To L Side, Recover On R 12  
27 & 28 L Behinde R, R Beside L, 1/4 Turn On L 12  
29 - 30 R Forw, Turn 1/2 Into L 9  
31 & 32 R Kick, R Beside L, Weight On R, Shift Weight Into L 3

**Section 5: Toe Switches R L, Step R Forw. L In Place, Clap, Toe Switches R L, Step R Forw. L In Place, Clap**  
33 & 34 &point R To R Side, R Beside L, Point L To L Side, L Beside R 3  
35 - 36 Step Forw. On R, L Beside R, Clap 3  
37 & 38 &point R To R Side, R Beside L, Point L To L Side, L Beside R 3  
39 - 40 Step Forw. On R, L Beside R, Clap 3

**Section 6: L Pivot Turn, R Shuffle Forw. L Jazz Box With Touch**  
41 - 42 Forw. On R, Turn 1/2 On L 3  
43 & 44 Forw. On R, L Beside R, L Forw. 9  
45 - 46 Cross L Over R, Step R Back 9  
47 - 48 Step L To L Side, R Toe Beside L 9

**End Of Dance Have Fun**

**Option: When You Make The Heel Dig To The R And L In The Beginning Of The Dance, And There Are Singing , " You Get Your Hands Up" You Make Pushing Moves In The Air With Your Hands.**

**Tag: R Rockin Chair, L Pivot Turn X 2**  
**Tag After Section 5. In Wall 2 ( 3 O`Clok) And Wall 4 ( 3 O`Clok ) And Wall 6 ( 3 O`Clock )**  
**After Tag, Then Dance Section 5 Again And Continue The Dance**

**Restart: Restart In Wall 5 After Section 4**

**Ending: Dance To The End Facing 9 O`Clock, Just Turn A 1/4 R And L In Place, Facing 12 O`Clock**