



A Song For Mum

40 Count, 4 Wall, Intermediate

Choreographer: Gordon Elliott (AU) Aug 2017

Choreographed to: This Is Your Song by Ronan Keating.

Album: Songs For My Mother

Original Position: Feet Together Weight On The Left Foot.

This Dance Is Dedicate To Not Only My Mum But All Our Mothers

Beats Steps: This Dance Is Done In Four Directions. Introduction : 16 Beats

Section 1 Sweep, Sweep. Quick Pivot- Forward Sweep, Sweep, Quick Paddle-Across

1, 2 Sweep To Step R Forward, Sweep To Step L Forward,
3 & Quick Pivot : Step R Forward, Turn 180° Left Take Weight Onto L,
4 Step R Forward,
5, 6 Sweep To Step L Forward, Sweep To Step R Forward,
7 & Quick Paddle : Step L Forward, Turn 90° Right Take Weight Onto R,
8 Step L Across In Front Of Right (9.00)

Section 2 Side, Rock, Behind-Side-Across, Side, Rock, Behind-1/4 Forward-Forward

1, 2 Step R To The Side, Side Rock Into L,
3 & 4 Step R Behind Left, Step L To The Side, Step R Across In Front Of Left,
5, 6 Step L To The Side, Side Rock Onto R,
7&8 ## Step L Behind Right, Turn 90° Right Step R Forward, Step L Forward.

Section 3 Forward, Rock-1/2 Together-Forward, Rock & Side, Rock & Side, Rock &

1, 2 & Step R Forward, Rock Back Onto L, Turn 180° Right Step R Together,
3, 4 & Step L Forward, Rock Back Onto R, Step L Together,
5, 6 & Step R To The Side, Side Rock Onto L, Step R Together,
7, 8 & Step L To The Side, Side Rock Onto R, Step L Together. (6.00)

Section 4 Across-Side-Behind-Side-Across, Rock & Across-1/4 Back-Back-Hook-Shuffle Forward

1 & Step R Across In Front Of Left, Step L To The Side,
2 & Step R Behind Left, Step L To The Side,
3, 4 & Step R Across In Front Of Left, Rock Onto L, Step R Together,
5 & Step L Across In Front Of Right, Turn 90° Left Step R Back,
6 & Step L Back, Hook R Heel Across In Front Of Left,
7 & 8 Shuffle Forward Step : R-L-R. (3.00) !

Section 5 Pivot Turn & Pivot Turn, Forward, Rock-1/2 Turn-Forward, Touch

1, 2 Pivot : Step L Forward, Turn 180° Right Take Weight Onto R,
& Step L Together,
3, 4 Pivot : Step R Forward, Turn 180° Left Take Weight Onto L,
5, 6 & Step R Forward, Rock Back Onto L, Turn 180° Right Step R Forward,
7, 8 Step L Forward, Touch R Toe To The Side. (9.00)

40 Repeat The Dance In New Direction

Restart: On Wall 5 Dance To Beat 16 (##) & Restart To The Front