



Intro: 32 Counts, Start On Vocals. (No Tags Or Restarts)

Section 1: Toe-Strut Forward. Kick-Ball-Step. Toe-Strut Forward. Kick-Ball-Step
1 - 2 Touch Right toe forward. Drop heel
3&4 Kick Left foot forward. Step Left beside Right. Small step forward on Right
5 - 6 Touch Left toe forward. Drop heel
7&8 Kick Right foot forward. Step Right beside Left. Small step forward on Left

Section 2: Mambo-Step. Hitch. Coaster-Cross. Flick
1 - 2 Rock forward on Right. Recover onto Left
3 - 4 Step back on Right. Hitch Left
5 - 6 Step back Left. Step Right beside Left
7 - 8 Cross Left over Right. Turning to face Left diagonal, flick Right foot back

Section 3: Cross. Side. Cross. Flick. Cross. Side. Cross. Hold
1 - 2 Facing Left diagonal cross Right over Left. Step Left to Left side
3 - 4 Cross Right over Left. Turning to face Right diagonal, flick Left foot back
5 - 6 Facing Right diagonal cross Left over Right. Step Right to Right side
7 - 8 Cross Left over Right. Hold

Section 4: Scissor-Step. Hold. Scissor-Step Quarter Turn. Hold
1 - 2 Squaring up to face 12 o'clock step Right to side. Step Left beside Right
3 - 4 Cross Right over Left. Hold
5 - 6 Step Left to side. Quarter turn Right stepping Right beside Left (3 o'clock)
7 - 8 Step forward on Left. Hold

Start Again.

Note: Lifelines was written specifically for a line dance marathon organised in order to raise funds for "The Air Ambulance" by Honky Tonk Stompers of Bridport and Musbury, Dorset.