



Baby Pains

32 Count, 4 Wall, Beginner

Choreographer: Norman Gifford (USA) Aug 2017

Choreographed to: Labor Pains by Michael Lee Austin

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- Section 1** **Step back, back rock-step, brush, forward lock-step, brush**
1-4 Right step back; left rock back; right replace, brush
5-8 Left step forward; right lock behind left; left step forward; brush
- Section 2** **Rock-step, chassè turning ¼ right, crossover, step side turning ¼ left, step side, brush**
1-2 Right rock forward; left replace back preparing turn
3&4 Right step side turning ¼ right; left together; right step side [3:00]
5-6 Left crossover; right step side turning ¼ left [12:00]
7-8 Left step side; right brush across
- Section 3** **Cross-rock, replace, step side, brush, cross-rock, replace, turn ¼ left, brush**
1-4 Right cross-rock; left replace; right step side; left brush
5-6 Left cross-rock; right replace
7-8 Turn ¼ left stepping forward; right brush forward [9:00]
- Section 4** **Rock-step, coaster-step, rock-step, long draw back**
1-2 Right rock forward; left replace back
3&4 Right step back; left together; right step forward
5-6 Left rock forward; right replace back
7-8 Left long step back; right slowly draw by left (do not take weight)

Begin Again