



Baby's Got A Hold On Me

32 Count, 2 Wall, Beginner

Choreographer: Roy Anthony Shepherd (NO) Jun 2017

Choreographed to: Baby's Got A Hold On Me by
Nitty Gritty Dirt Band

Starts on vocal

Section 1

1-2-3-4-5-6

7-8 Side Strut. Cross Strut. Rocking Chair Step.

1-2-3-4-5-6-7 Side Strut. Cross Strut . Side Rock Close. Hold.

Hold

Section 2

1-2-3-4-5-6

7-8 Side Strut. Cross Strut. Rocking Chair Step.

1-2-3-4-5-6-7 Side Strut. Cross Strut . Side Rock Cross. Hold.

Hold

Section 3

1-2-3 Hold

1/2Turn Heel Bounces. Hold.

5-6 Kick RightTo Left Diagonal. Close.

7-8 Kick LeftTo Right Diagonal. Close.

Section 4

1-2 ClapTogether. Clap Forward.

3-4 ClapTogether. Clap Side.

5-6 ClapTogether. Clap Forward.

7-8 ClapTogether. Clap Side.

Tag: At The End Of Wall 2

1. 2. Kick RightTo Left Diagonal. Close.

3. 4. Kick LeftTo Right Diagonal. Close.

5. 6. Kick RightTo Left Diagonal. Close.

7. 8. Kick LeftTo Right Diagonal. Close.

NB: The Dance Should Have 2 – 4 – 6 Rows Etc And The 1 – 3 Etc With BacksTurn To The Stage.