



Web site: www.linedancerweb.com

E-mail: admin@linedancerweb.com

One Step, Two Step

32 Count, 4 Wall, Beginner

Choreographer: Adrian Lefebour (AU) Jul 2017

Choreographed to: One Step Forward by Desert Rose Band

Track: 3:27min - 135 bpm

Notes: 32 count intro from the start of the song.

Section 1 Step Fwd R45, Touch, Step Fwd L45, Touch, Step Back R45, Touch, Step Back L45, Touch

1,2 Step R forward on R 45, Touch L toe next to R (clap hands on the touch)
3,4 Step L forward on L 45, Touch R toe next to L (clap hands on the touch)
5,6 Step R back on R 45, Touch L toe next to R (clap hands on the touch)
7,8 Step L back on L 45, Touch R toe next to L (clap hands on the touch)

Section 2 Vine Right, Vine Left 1/4 Turn Scuff

1,2 Step R to R side, Step L behind R
3,4 Step R to R side, Touch L toe next to R
5,6 Step L to L side, Step R behind L
7,8 1/4 Turn L step forward on L, Scuff R forward (9.00)

Section 3 Toe Strut Jazz Box

1,2 Touch R toe across L, Drop R heel
3,4 Touch L toe slightly back, Drop L heel
5,6 Touch R toe to R side, Drop R heel
7,8 Touch L toe next to R, Drop L heel (weight on L)

Section 4 R Heel, Step Together, L Heel, Step Together, Heel Fwd, Hold, Toe Back, Hold

1,2 Place R heel forward to R 45, Step R next to L
3,4 Place L heel forward to L 45, Step L next to R
5,6 Place R heel forward, Hold
7,8 Touch R toe back, Hold

Start Again

Restart – Wall 4

Dance to count 16, then restart the dance facing the 12 o'clock wall.

Restart - Wall 11, facing the 6 o'clock wall

Dance the first 8 counts of the dance and then start the dance again.

Finish – Wall 14

Dance to count 26, then do a 1/4 paddle turn with your L to finish at the front wall.