

In My Head

64 Count, 4 Wall, Intermediate

Choreographer: Candee Seger (USA) Jul 2017

Choreographed to: Crazy by Kat Dahlia

Intro:	16 seconds in on vocals, 32 counts in	
Section 1	Side R, Together, Forward, Lock Step Forward, Step 1/4 L, Crossing Triple	
1,2,3:	Step R to R (1), Step L next to R (2), Step R Forward (3)	
4&5:	Step L Forward (4), Lock R Behind L (&), Step L Forward (5)	
6,7:	Step R Forward (6), Turn 1/4 L taking weight on L (7)	
8&1:	Cross R over L (8), Step L to L side (&), Cross R over L (1)	9:00
Section 2	Side L, Together, Triple Forward, Rock, Recover, Lock Step Back	
2,3:	Step L to L (2), Step R next to L (3)	
4&5:	Step L Forward (4), Step R Forward (&), Step L Forward (5)	
6,7:	Rock R Forward (6), Recover L (7)	
8&1:	Step R Back)8), Cross Lock L over R (&), Step R Back (1)	9:00
Section 3	Full Turn, Sweep Behind, Side Cross, Side Rock, Recover, Together	
2,3:	Turn 1/2 L, Stepping Forward (2), Turn 1/2 L Stepping R Back, Sweeping L behind R (3)	
4&5:	Cross L Behind R (4), Step R to R (&), Cross L over R (5)	
6,7,8:	Rock R to R (6), Recover ontp L (7), Step R next to L (8)	9:00
Section 4	Side, Rock, Together, Sway (3x), Triple Forward	
1,2,3:	Rock L to L side (1), Recover onto R (2), Step L next to R (3)	
4,5,6:	Step R to R diagonal swaying hips R (4), Sway Hips to L (5), Sway Hips to R (6) (weight R)	
7&8:	Step L Forward (7), Step R Forward (&), Step L Forward (8)	9:00
	**Restart Wall 3 after 32 counts (facing 3:00 o'clock)	
Section 5	Rock R Forward, Recover, 1/2 R, L Forward, R Forward, Spiral 3/4 L, Rock, Recover, Step	
1,2,3:	Rock R Forward (1), Recover onto L (2), Turn 1/2 R, stepping R Forward (3)	3:00
4,5:	Step L Forward (4), Step R Forward (5)	
6,7:	Spiral 3/4 L on RF (6), Rock Forward L (7)	6:00
8&:	Recover R (&), Step L next to R (8)	6:00
Section 6	Cross, Back, Side, Cross, Back, Side, R Rock Back, Recover L, Step	
1,2,3:	Cross R over L (1), Step L back (2), Step R to R side (3)	
4,5,6:	Cross L over R (4), Step R back (5), Step L to L side (6)	
7&8:	Step R back (7), Recover L (&), Step R next to L (8)	6:00
Section 7	Side Rock Cross Forward, Side Rock Cross Forward, Rock 1/4 R, Rock, Recover, Step, Step	
1&2:	Rock L to L Side (1), Recover onto R (&), Cross L forward over R (2)	
3&4:	Rock R to R Side (3), Recover onto L (&), Cross R forward over L (4)	
5&6:	Rock L to L side (5), Turn 1/4 R stepping R Forward (&), Step L Forward (6)	9:00
7&8&:	Rock R Forward (7), Recover onto L (&), Step R Back (8), Step L next to R (&)	9:00
Section 8	Step Drag, Ball L, Step R, Step L, Sailor 1/2 R, Step, Swivet	
1,2,&:	Step R back (1), Drag L next to R (2), Quick Step L next to R (&),	
3,4:	Step R to R side (3), Step L to L side (4)	
5&6:	Cross R behind L (5), Turn 1/4 R, stepping L to L (&), Turn 1/4 R, Stepping R to R (6)	3:00
7:	Step L next to R (7)	
8&:	(Weight on ball of L, Heel of R), Swivel heels to L, Toes to R (&), Return feet back to center (8) 3:00	
