

## Bundle Of Nerves

68 Count, 2 Wall, Intermediate

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Choreographed to: Bundle of Nerves by Ken Mellons,  
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- 1. Gyrating Body Shake**  
1 - 4 With feet in place about shoulder width apart, raise arms out in front at about waist height. Begin shaking body by slightly bending (bouncing) knees vigorously, lean forward slightly and begin rotating upper body a 3/4 CCW revolution leaning forward, then to the left and back  
5 - 8 Continue rotating upper body another 3/4 CCW revolution leaning to the right, forward, left
  
  - 2. Rock Step, Pivot Step, Scuff, Rock Step, Step Back, Touch**  
9 - 10 Step slightly forward on RIGHT foot; Rock back onto LEFT foot  
& Pivot a 1/2 turn CW on ball of LEFT foot  
11 - 12 Step forward on RIGHT foot; Scuff LEFT foot next to Right  
13 - 14 Step slightly forward on LEFT foot; Rock back onto RIGHT foot  
15 - 16 Step back slightly on LEFT foot; Touch RIGHT foot next to Left
  
  - 3. Vine Left with 1/2 Turn, Scuff, Vine Left, Step Right**  
17 - 18 Step to the right on RIGHT foot; Cross LEFT foot behind Right and step  
19 - 20 Step a 1/4 turn to the right on RIGHT foot; Pivot 1/4 turn CW on ball of Right foot and scuff LEFT foot next to Right  
21 - 22 Step to the left on LEFT foot; Cross RIGHT foot behind Left and step  
23 - 24 Step slightly to the left on LEFT foot; Step slightly to the right on RIGHT foot
  
  - 4. Knee Shakes, Heel Split, Toe Split**  
25 - 28 Shake both knees vigorously for four (4) counts  
29 - 30 Split heels apart; Bring heels back to home  
31 - 32 Split toes apart; Bring toes back to home and transfer weight to LEFT foot
  
  - 5. Modified Monterey Turn, CCW Military Pivots**  
33 - 34 Touch RIGHT toe to the right; Pivot 1/4 turn CW on ball of Left foot and step RIGHT next to Left  
35 - 36 Touch LEFT toe to the left; Step LEFT foot next to Right  
37 - 38 Step forward on RIGHT foot; Pivot 1/2 turn CCW on ball of Right foot and shift weight to LEFT foot  
39 - 40 Step forward on RIGHT foot; Pivot 3/4 turn CCW on ball of Right foot and shift weight to LEFT foot
  
  - 6. Vine Right with 1/2 Turn, Scuff, Vine Left, Scuff**  
41 - 42 Step to the right on RIGHT foot; Cross LEFT foot behind Right and step  
43 - 44 Step a 1/4 turn to the right on RIGHT foot; Pivot 1/4 turn CW on ball of Right foot and scuff LEFT foot next to Right  
45 - 46 Step to the left on LEFT foot; Cross RIGHT foot behind Left and step  
47 - 48 Step to the left on LEFT foot; Scuff RIGHT foot next to Left
  
  - 7. CCW Military Pivots, Diagonal Step-Slide, Scuff**  
49 - 50 Step forward on RIGHT foot; Pivot 1/2 turn CCW on ball of Right foot and shift weight to LEFT foot  
51 - 52 Step forward on RIGHT foot; Pivot 1/2 turn CCW on ball of Right foot and shift weight to LEFT foot  
53 - 54 Step forward and diagonally to the right on RIGHT foot; Slide LEFT foot up next to Right and step  
55 - 56 Step forward and diagonally to the right on RIGHT foot; Scuff LEFT foot next to Right
  
  - 8. CW Military Pivots, Diagonal Step-Slide, Scuff**  
57 - 58 Step forward on LEFT foot; Pivot 1/2 turn CW on ball of Left foot and shift weight to RIGHT foot  
59 - 60 Step forward on LEFT foot; Pivot 1/2 turn CW on ball of Left foot and shift weight to RIGHT foot  
61 - 62 Step forward and diagonally to the left on LEFT foot; Slide RIGHT foot up next to Left and step  
63 - 64 Step forward and diagonally to the left on LEFT foot; Scuff RIGHT foot next to Left
  
  - 8. Cross, Step Back, Out, Out**  
65 - 66 Cross RIGHT foot over Left and step; Step back onto LEFT foot in place  
67 - 68 Step slightly to the right on RIGHT foot; Step LEFT foot about shoulder width apart from Right
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