

Heart Break

48 Count, 4 Wall, Intermediate

Choreographer: Judy Rodgers (USA) Jul 2017

Choreographed to: Heart Break by Lady Antebellum

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- Intro:** 16 Counts
- Sequence:** 32, 48, 16, 48, 16, 48, 24.....dance restarts on chorus each time)
- Section 1: Side Rock Recover, Side Behind Side, Rock Recover, Turn ¼ R Shuffle**
1-2& Step R large step to right side, rock L back, recover R
3-4& Step L large step to left side, step R behind L, step L to left side
5-6 Cross/rock R over L, recover L
7&8 Turn 1/4 right shuffle fwd R L R 3:00
- Section 2: Side Behind Side, Cross Turn 1/4 R, Rumba Box Fwd R & L**
1-2& Step L to left side, step R behind L, step L to left side
3-4 Cross R over L, turn 1/4 right step L back 6:00
5&6 Step R to right side, step L beside R, step R fwd
7&8 Step L to left side, step R beside L, step L fwd
****Restart here on Walls 3 and 5**
- Section 3: Cross/Rock Side, Cross/Rock Turn 1/4 L, Walk, Walk, Mambo Turn 1/2 R**
1-2& Cross rock R over L, recover L, step R to right side
3-4& Cross rock L over R, recover R, turn ¼ left step L fwd 3:00
5-6 Walk R, walk L
7-8 Rock R fwd, recover L, turn 1/2 right step R fwd 9:00
- Section 4: Sway Sway, Sailor Turn 1/4 L, Step, Turn 1/2 R, Turn 1/2 R, Step**
1-2 Sway L, sway R
3&4 Turn 1/4 left sweep L from front behind R, step R to right side, step L to left side 6:00
5-8 Step R fwd, turn 1/2 right step L back, turn 1/2 right step R fwd, step L fwd
****Restart here on Wall 1**
- Section 5: Side Rock Recover, Coaster Turn 1/4 R, Step Rock Recover, Back Sweep, Back Sweep**
1-2& Step R large step to right side, rock L back, recover R
3-4& Step L large step to left side, turn ¼ right step R beside L, step L slightly forward 9:00
5-6& Step R forward, rock forward L, recover R
7-8 Walk back L sweep R, walk back R sweep L
- Section 6: Coaster Step, Full Turn Shuffle, Rock Recover, Run Run Run**
1&2 Step L back, step R beside L, step L fwd
3&4 Full turn shuffle left R, L, R 9:00
5-6 Rock L fwd, recover R
7&8 Run back L R L
- 3 Restarts:**
Wall 1: Dance 32 counts and restart from beginning, facing 6:00 (wall 2 starts 6:00 ends 3:00)
Wall 3: Dance 16 counts and restart from beginning, facing 9:00 (wall 4 starts 9:00 ends 6:00)
Wall 5: Dance 16 counts and restart from beginning, facing 12:00 (wall 6 starts 12:00 ends 9:00)
- Ending:** Wall 7 - dance 24 cnts - add (step L fwd, pivot 1/2 right, step L fwd) - facing front... smile!!)
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