

Teenage Heart

56 Count, 2 Wall, Intermediate

Choreographer: Dianne Roods (AU) Jul 2017

Choreographed to: Teenage Heart by Lady Antebellum

(16 count intro) - (weight on L)

- Section 1 R Shuffle, L Shuffle, R Shuffle, L Shuffle (Diagonal Hitch Shuffles)**
& 1 & 2 (to R diagonal) Hitch R in front of L knee & shuffle : R,L,R
& 3 & 4 (to L diagonal) Hitch L in front of R knee & shuffle : L,R,L
& 5 & 6 (to R diagonal) Hitch R in front of L knee & shuffle : R,L,R
& 7 & 8 (to L diagonal) Hitch L in front of R knee & shuffle : L,R,L .12.00
- Section 2 Pivot Turn, Fwd, Touch, Coaster Step, Paddle Turn**
1, 2 Pivot turn : Step R fwd, turn ½ Left take weight onto L
3, 4 Step R fwd, touch L toe slightly fwd
5 & 6 Coaster step : step L back, step R together, step L fwd,. 6.00
7, 8 Paddle turn : step R fwd, turn ¼ Left take weight onto L. 3.00
- Section 3 Cross Samba, Cross, Point, Cross, Back, ½ Shuffle Fwd**
1 & 2 Cross Samba : step R across L, step L to L side, step R to R side
3, 4, 5, 6 Step L across R, point R toe to R side, step R across L, step L back
7 & 8 Turn ½ turn Right Shuffle fwd : R,L,R . 9.00
- Section 4 Paddle Turn, Shuffle Across, Toe & Toe & Heel & Heel**
1, 2 Paddle turn : step L fwd, turn ¼ Right take weight onto R .12.00
3 & 4 Shuffle Left across in front of R : L,R,L
5 & 6 Touch R toe to R side, step R beside L, touch L toe to L side
& 7 & 8 Step L beside R ##, touch R heel fwd, step R beside L, touch L heel fwd
- Section 5 (&) Heel, Heel & Shuffle Fwd, Pivot Turn, Pivot Turn**
& 1, 2 Step L beside R,# touch / tap R heel fwd twice,
& 3 & 4 Step R beside L, shuffle fwd : L,R,L
5, 6 Pivot turn : Step R fwd, turn ½ Left take weight onto L
7, 8 Pivot turn : Step R fwd, turn ½ Left take weight onto L.12.00
- Section 6 Rocking Chair, Cross, ¼ Back, Coaster Step**
1, 2, 3, 4 Rocking Chair : step R fwd, rock back on L, step R back, rock fwd on L
5, 6 Step R across L, turn ¼ R -- stepping L back
7 & 8 Coaster step ; step R back, step L beside R, step R fwd. 3.00
- Section 7 Fwd, ¼ R, Behind--Side--Cross, Side, Rock, Back, Rock**
1, 2 Step L fwd, turn ¼ R rock onto R
3 & 4 Step L behind R, step R to R side, step L across R
5, 6, 7, 8 Step R to R side, side rock onto L, step R slightly behind L, rock fwd onto L. 6.00
- Restarts:** # Wall 2 -- dance to count 32&. Restart facing back
Wall 5 -- dance to count 30&. Restart facing back
- Tag:** End of wall 7 -- Paddle turn L, paddle turn L
1, 2 Paddle turn : step R fwd, turn ¼ Left take weight onto R
3, 4 Paddle turn : step R fwd, turn ¼ Left take weight onto R (restart facing front)
- Ending:** (facing front) dance first 4 counts then step R to R side
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