

Bumpy Ride

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32 Count, 4 Wall, Improver Choreographer: Sebastiaan Holtland (NL) Aug 2010 Choreographed to: Bumby Ride by Mohombi

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32 Count intro start dancing after vocals (18 sec)

1-8	Jump Both Feet Apart Fwd, Hold, Jump Both Feet Apart Back, Both Toe Lift / Replace, 1/4 Turn R, Jump Both Feet Apart Back, Both Toe Lift / Replace, Sailor step
&1-2	Jump both feet apart forwards (&1), HOLD weight onto both feet (12:00)
&3&4	Jump both feet apart back (&3), rolling back on both heels and lift your both toes up, Replace on both feet
&5&6	Making a 1/4 turn to right (3) and jump both apart back (&5), rolling back on both heels and lift your both toes up, replace on both feet take weight onto Lf
7&8	Step Rf behind Lf, step Lf to the Left, step Rf to the right weight onto Rf (3:00)
9-16	Cross Shuffle, Long Step Back, Pushing Hips Back, Replace, Together, Side Rock / Recover With 1/4 Turn L, Lock Step Fwd
1&2	Cross Lf over Rf, step Rf to the right, cross Lf over Rf weight onto Lf (3:00)
3-4 S	tep long back on Rf and pushing hips back and rolling back on to L heel, recover on Lf
&5-6	Step Rf beside Lf, rock Lf to the left side, making a 1/4 turn to left (12) recover on Rf weight onto Rf
7&8	Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf (12:00)
RESTART here on WALL 4 after 16 count (facing 3 O'clock)	
17-24 1-2	Jazz Box with 1/4 Turn R, Cross, Heel Switches R-L, Heel Switches R-L with 1/4 Turn R Cross Rf over Lf, make a ¼ turn right (3) step back on Lf weight onto Lf
3-4	Step Rf to the right, cross Lf over Rf weight onto Lf
Option:	Rolling shoulder movements in the counts 1-4 from sec 3
5&6&	Touch R heel forward diagonal, step Rf beside Lf back in place, touch L heel forward diagonal, step Lf beside Rf back in place
7&8&	Making a 1/4 turn to right (6) touch R heel forward diagonal, step Rf beside Lf back in place, touch L heel forward diagonal, step Lf beside Rf back in place
25-32	Fwd rock / Recover, Together, Side Rock / recover, Lift With 1/4 Turn L, Step, Lock, Step, Lock, Step, Lock, Step (½ Turn L Arch)
1-2	Rock forward on Rf, recover on Lf (6:00)
&3-4	Step Rf beside Lf, rock Lf to the left, making a 1/4 turn left (3) recover on Rf and lift L knee up
5&6	Step Lf forward, lock Rf behind, step Lf forward
&7&8	Lock Rf behind, step Lf forward, lock Rf behind, step Lf forward (9:00)
	Making a ½ Turn arch to the left with the above steps

Start The Dance Again And Have fun!