

## My Old Man

32 Count, 2 Wall, Intermediate

Choreographer: Susanne Oates (UK) Jun 2017

Choreographed to: My Old Man by Zac Brown Band.

Album: Welcome Home

### 16 Count intro.

- Section 1** **Side, Back Rock, Side, Drag, Cross, Side, Behind, Sweep, Behind, Side, Cross Rock, Ball**  
1 2&3 Step right to right side. Rock back on left. Step right across left. Step left to left side, dragging right.  
4&5 Step right over left. Step left to left side. Step right behind left, sweeping left from front.  
6&7 Step left behind right. Step right to right side. Rock left over right.  
8& Recover weight onto right. Step ball of left beside right.
- Section 2** **Cross Rock, Side Rock, Behind, Sweep, Sailor ¼ Right, Run X2, Forward Rock, Ball**  
1&2& Rock right over left. Recover weight onto left. Rock right to right side. Recover weight onto left.  
3 Step right behind left sweeping left from front.  
4&5 Step left behind right. Turn ¼ right stepping right beside left. Step forward on left. (3)  
6&7 Run forward on right. Run forward on left. Rock forward on right.  
8& Recover weight onto left. Step ball of right beside left.
- Section 3** **Back, Drag, Coaster, Pivot ½ Turn, Step, Full Turn, Forward Rock, Ball,**  
1 Step back a long step on left, dragging right toward left.  
2&3 Step back on right. Step left beside right. Step forward on right.  
4&5 Step forward on left. Pivot ½ turn right, stepping forward on right. Step forward on left. (9)  
6&7 Turn ½ left, stepping back on right. Turn ½ turn left, stepping forward on left.  
Rock forward on right (9)  
8& Recover weight onto left. Step ball of right beside left.
- Section 4** **Back Rock , ½ Turn Right, Back Rock, Full Turn, Pivot ¼ Left, Cross, Turn ¼, ¼.**  
1&2 Rock back on left. Recover weight onto right. Turn ½ right, stepping back on left. (3)  
3 4 Rock back on right. Recover weight onto left  
&5 Turn ½ left, stepping back on right. Turn ½ left, stepping forward on left.  
6 7 Step forward on right. Pivot ¼ left, stepping left to left side. (12)  
8& Step right across left. Turn ¼ right, stepping back on left. Turn ¼ right, stepping right to right side.  
(the first count of the dance or Tag) (6)
- Tags:** **Wall 1: Long Tag. || Wall 2: Short Tag. || Wall 3: Long Tag. || Wall 4: No Tag. || Wall 5: Short Tag. || Wall 6: Long Tag.**
- Long Tag** **End of Walls 1, 3, (both 6o'clock), and Wall 6 (12'clock)**  
**Right Scissors, Grapevine, Cross, Left Scissors, Turn ¼ Left, ¼ Left, Cross Rock.**  
1&2 Step right to right side. Step left beside right. Step right across left.  
&3&4 Step left to left side. Step right behind left. Step left to left side. Step right across left.  
5&6 Step left to left side. Step right beside left. Step left across right.  
7&8 Turn ¼ left, stepping back on right. Turn ¼ left, stepping left to left side.  
Rock right across left.  
& Recover weight onto left.
- Right Scissors, Grapevine, Cross, Left Scissors, Unwind ½ Right, Right Sailor.**  
1&2 Step right to right side. Step left beside right. Step right across left.  
&3&4 Step left to left side. Step right behind left. Step left to left side. Step right across left.  
5&6 Step left to left side. Step right beside left. Step left across right.  
7 8& Unwind ½ right, keeping weight on left. Step right behind left. Step left to left side.  
Step right to right side. (the first count of the dance)
- Short Tag** **End of Walls 2, (12o'clock) and 5 (6o'clock)**  
**Side, Back Rock, Sway, Sway, Ball.**  
1 2& Step right to right side. Rock back on left. Step right across left.  
3 4 Step left to left side, swaying hips left. Sway hips right, taking weight onto right.  
&(1) Step ball of left beside right. Step right to right side. (the first count of the dance)

