

Bump And Groove

32 count, 2 wall, beginner level

Choreographer: Norma J. Fuller (USA) Nov 2006
Choreographed to: Irresistible You by Bobby Darrin,
The Hits Singles Collection (160 bpm)

32 count intro

HIP BUMPS RIGHT LEFT RIGHT HOLD, LEFT RIGHT LEFT HOLD

- 1-4 (QQS) Step right forward bumping hips right, left, right, Hold
5-8 (QQS) Bump hips back left, right, left, Hold
(Flex knees with hip bumps)

DIAGONAL STEP HOLDS FORWARD WITH FINGER SNAPS

- 1-2 Right step diagonal rt option: bring arms up & toward right, snap fingers
3-4 Left step diagonal left option: bring arms down toward left, snap fingers
5-6 Right step diagonal right option: Arms up as step 1
7-8 Left step diagonal left option: Arms down as step 2

HIP BUMPS RIGHT LEFT RIGHT HOLD, LEFT RIGHT LEFT HOLD

- 1-4 (QQS) Step right forward bumping hips rt, left, rt, Hold
5-8 (QQS) Bump hips back left, right, left, Hold
(Flex knees with hip bumps)

STEP TOGETHER, STEP 1/4 R HOLD, L STEP 1/4 TURN R, STEP TOGETHER, SIDE STEP HOLD

- 1-4 (QQS) Step right to side, left step beside right, Right step 1/4 turn rt (3 o'clock) Hold
5-8 (QQS) Left step 1/4 turn right, Right step beside left, Left step to side, Hold
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