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Emale

32 Count, 4 Wall, Intermediate
Choreographer: Rona Kaye (US) May 2017
Choreographed to: Emale by Prince

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- Section 1: Toe Touch, Hook, Toe Touch, Step, R And L (With Arms**)**
1 & 2 & Touch R toe forward (1), Hook R across L (&), Touch R toe forward (2), Step R home (&
3 & 4 & Touch L toe forward (3), Hook L across R (&), Touch L toe forward (4), Step L home (&) 12:00
(Arms extend slightly to side palms up (1), Elbows come in to waist (&), Arms extend (2) Hands come down palms facing back (&)....same on L side...and then they just relax for counts 5-8)**
- Section 2: Kick Ball Touch Side, Kick Ball Touch Side, Touch Home With Hand Clap**
5 & 6 & Kick R forward (5), Step on R (&), Touch L side Left (6), Kick L forward (&
7 & 8 Step L home (7), Touch R to side Right (&), Touch R home and clap hands (8) 12:00
First Restart After This First 8 Count The First Time You Start To 9:00 Wall. You Will Be Facing 9:00.
- Section 3: Step Side, Weave, Rock & Cross, Side, Sailor R ½ Turn Right**
1-2 & 3 Step R side Right (1), Step L behind R (2), Step R side Right (&), Step L across R (3)
4 & 5 6 Rock R side Right (4), Recover on L (&), Step R across L with L shoulder forward (5), Step L side Left with Right shoulder forward in prep for turn (6)
7 & 8 Step R behind L starting sailor Right (7), Step L in place turning ¼ to Right (&) 3:00, Step slightly forward R turning ¼ to Right (8) 6:00
- Section 4: Triple Step Full Turn Left, R Heel/Toe Touch, Hitch ¼ Turn R (With Arms**), Chasse, Touch, Triple ½ To Left**
1 & 2 Step L behind R starting sailor turning ¼ to Left (1), Step R in to L turning ¼ Left (&), Step L in place turning ½ to Left (2) 6:00
3 & 4 Touch R heel forward (3), Touch R toe side Right (&), Hitch R knee up and in to center as you turn ¼ Right (4), 9:00
5 & 6 & Step R side R (5), Step L into R (&), Step R to Right (6), Touch L in to R (&) 9:00
7 & 8 Step L slightly forward turning ¼ Left (7), Step R in to L (&), Step L slightly forward turning ¼ Left (8) 3:00
(L arm pushes forward palm facing forward and R arm is in toward R shoulder palm forward (3), Arms go out to side with flexed hands as R toe goes to Right side (&), Both hands come in to chest with elbows bent to waist palms facing chest with hands crossed on the hitch ¼ turn Right (4), Both arms extend to sides with palms facing down when R steps side for chasse to Right (5 & 6), Both hands “slap” down to the sides of the legs when the L touches in to R (&), Arms relaxed for triple ½ to the Left (7 & 8)**
- Second Restart After This Third 8 Count The Second Time You Start To 12:00. You Will Be Facing 3:00.**
- Section 5: Forward Kicks R And L, Step, Touches (**With Arms), Funky Sit And Stand, Rocking Chair X2**
1 & 2 & Kick R forward (1), Step R home (&), Kick L forward (2), Step L home (&
3 & 4 Touch R toe side Right (3), Step back on R (&), Touch L toe forward with weight on the R (4)
Third Restart After These 4 Counts (28 Counts Into The Dance) The Second Time You Start To 3:00. You Will Be Facing 6:00. You Have To Put Weight On The L On Ct 4 To Restart The Dance On The R!
& 5 & 6 Sit and bend knees (&), Bump your hips back (5), Bring hips home (&), Stand up and Put your weight on the L (6)
7 & 8 & Rock forward on R (7), Recover weight on L (&), Rock back on R (8), Recover L (&
The Two Rocking Chairs Can Be 2 Pivot Half Turns To The Left, If You Like.
(Both hands come up to chest with elbows bent and in to the waist palms facing chest for R kick (1), Hands come to head palms have turned to face front on step R and L kick forward (&2), Arms come down by your sides as they have turned with palms facing forward on the step L touch R to Right (& 3), Hands turn to face palms down by your sides on the step back R touch L forward (& 4), Hands stay low for the sit and bumps and stand (& 5 & 6) and then relax for the rocking chair (7 & 8 &)**

Restarts

- One:** After the first 8 counts of the dance the first time that you start the dance to the 9:00 wall. You'll be facing 9:00 for the Restart.
- Two:** After the third 8 count of the dance the second time that you start the dance to the 12:00 wall. You'll be facing 3:00 for the Restart.
- Three:** After 28 counts the second time that you start the dance to the 3:00 wall. You will be facing 6:00 for the Restart. You need to make sure that your weight transfers to the L in order to Restart the dance with the R.

The Dance Will End Facing The Front Wall By Dancing The First 16 Counts Of The Dance, Starting At The 3:00 Wall. (It's The Third Time That You Dance To That Wall.) Just Turn A $\frac{3}{4}$ Turn To The Right Instead Of The $\frac{1}{2}$ Turn To The Right...It's The Sailor Step At The End Of The Second 8 Count. After The Sailor Step, Just Step Forward On Your L To End The Dance To The Music Facing Front Wall.

Happy Dancing, Everyone!