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Happy Dance

176 Count, 2 Wall, Advanced (Phrased)
Choreographer: Kerry Maus (US) May 2017
Choreographed to: Happy Dance by MercyMe

(176 Counts) A: 48 Cts B: 64 Cts C: 64 Cts

Sequence: A B - A B - C B

No Intro – Start As Soon As The Song Starts. (Don't Let The 176 Counts Scare You)

Part A (48 Counts)

Section 1: Side, Hold, Sailor Step, Ball, Side, Hold, Cross Touch, Side Touch

1,2 3&4 Step R to R side(1), hold(2), step L behind R(3), step R to R side(&), step L to L(4)
&5,6 7,8 Step R next to L(&), step L to L side(5), Hold(6), Cross touch R over L(7), Touch R out to R(8)

Optional: Arm Movements - Point Fwd With Both Hands On Count 5 "You"

Section 2: Cross Touch, Step R, Hold With Shake, Rock, Recover, Kick Ball Step

1,2,3&4 Cross touch R over L(1), step R to R side(2), hold(3&4), weight to R
Option: On Count 3 & 4 Shimmy Shoulders (Think That The R Shoulder Goes Forward, Back, Forward)
5,6 7&8 Rock back on L(5), Recover fwd on R(6), Kick L(7), Step L next to R(&), Step fwd R toward 11:00(8)

Section 3: L Diagonal Step Fwd W/Lean & Roll, Mambo Back, Big Step Back & Drag, Behind Side Cross (Turning 3/8 L)

1,2,3&4 Take a big step toward 11:00 with L foot(1-2), Rock fwd R(3), recover L(&), step back R(4)
Option: On Count 1-2 Bring Body Fwd As You Roll Weight From Heel Fully Onto L
5,6 take a big step back with L toward 5:00(5), drag R foot back beside L(6),
7&8 Step R behind left, turning 1/8 L(7), step L to L turning 1/8 L(&), Cross R over L turning 1/8 L(8)(6:00)

Section 4: Toe Struts W/ Hip Bumps (X2) Syncopated Jazz Box W/Cross, Big Step L

1&2 Step L toe forward as you bump hips L(1), bumps hips R(&), drop L heel as you bump hips L and step on L(2)
3&4 Step R toe forward as you bump hips R(3), bumps hips L(&), drop R heel as you bump hips R and step on R(4)
5&6,7&8 Cross L over R (5), Step back on R(6), step L to L side(&), cross R over L(7), big step L to L(8)

Section 5: R Forward, L Flick (Behind), L Forward, R Flick (Front), R Shuffle Forward, L Forward, R Flick (Behind), R Forward, L Flick (Front), L Shuffle Forward

1&2& Step fwd on R(1), flick L behind R leg(&), step L fwd (2); flick R in front of L leg(&);
3&4 step fwd on R, together with L, forward on R (3&4)
5&6& step fwd on L (5); flick R behind L leg (&); step R fwd (6); flick L in front of R leg(&);
7&8 step fwd on L, together with R, forward on L (7&8)

Section 6: R Rock Fwd, Rec, Back Out Out, In, In, Side Rock Recover, Side Rock Recover

1,2 Rock fwd on R(1), Recover Back on L(2)
&3&4 While moving backward, step out to R with R(&), Step out to L with L(3), Step in with R(&), Step in with L(4)
5,6& Rock R to R side(5) recover weight back onto the L(6) step R together with L (&)
7,8& Rock L to L side(7) recover weight back onto the R(8) step L together with R (&)

Part B (64 Counts)

Section 1: Side, Behind, And Heel, Hold, (X2)

1,2&3,4 step R to R side(1), step L behind R(2), step R to R(&), touch L heel fwd(3), Hold(4)
5,6&7,8 step L to L side(5), step R behind L(6), step L to L(&), touch R heel fwd(7), Hold(8)

Section 2: ¼ ¼ **Cross & Cross, Big Step L With Dip, R Side, Cross Rock, Recover, Side, Touch**
1,2,3&4 step Back on R, Turning ¼ L(1), Step L to L turning ¼ L(2), cross R over L(3), step L to L(&), cross R over L(4)
5,6 Step L to L (5), touch R beside L(6),
&7&8& step R to R(&), Cross rock L over R(7), Recover R(&), Step L to L(8), touch R beside L(&)
(12:00)

Option: **On Count 5-6, Bend Knees Into A Dip, Placing Hands On Your Thighs, Return To Standing Position With Weight On Left By Count 6**

Section 3: **Step R, Cross Rock, Recover, Back-Lock-Back, Rock Back, Recover, Triple Fwd,**
1,2,3,4&5 Step R to R(1), Cross Rock L over R(2), rec R(3)(1:00), step back on L(4), together with R(&), step back L(5) (1:00)
6,7,8&1 Rock back R(6), recover L(7), step fwd R(8), together with L(&), step fwd R(1)(1:00)

Section 4: ½ **Turn Pivot, ½ Turn Triple, Rock, Recover, Side**
2,3,4&5 Step fwd L(2), Pivot ½ turn R taking weight on R(3), continue turning R and Triple back, stepping L fwd turning ¼(4), cross R over L turning 1/8 R(&), step Back L turning 1/8 R (5) (1:00)
6,7,8 Rock Back R(6), Recover fwd L(7), Turn 1/8 L stepping R to R Side(8), squaring up to (12:00)

Section 5: **“Happy Dance” Twist Heels, Toes, Heels To R; Heels, Toes, Heels To L(X2)**
1&2 Swivel both feet to R heels(1), toes(&), heels(2),
3&4 Swivel feet to L heels(3), toes(&), heels(4)
5&6 Swivel both feet to R heels(5), toes(&), heels(6),
7&8 Swivel feet to L heels(7), toes(&), heels(8)

Section 6: **Triple R, ¼ T L, Triple L, R Crossing Shuffle, ½ Turn L Doing L Crossing Shuffle**
1&2 Step R to R side(1), step together with L(&), Step R to R side(2),
3&4 Turn ¼ L, and Step L to L side(3), step together with R(&), Step L to L side.(4)
5&6 Cross R over L(5), step L to L side(&), cross R over L(6)
7&8 Make ½ turn L as you cross L over R(7), step R to R side(&), cross L over R(8)

Section 7: **Kick R Foot Fwd, Step, Rock, Recover (X4)**
1&2& Turn ¼ R & kick R fwd(1), step R in place(&), Rock back on L(2), recover R(&)
3&4& kick L fwd(3), step L in place(&), Rock back on R(4), recover to L(&)
5&6& kick R fwd(5), step R in place(&), Rock back on L(6), recover to R(&)
7&8& kick L fwd(7), step L in place(&), Rock back on R(8), recover to L(&) (6:00)

Section 8: **Triple R, ¼ T L, Triple L, R Crossing Shuffle, ½ Turn L Doing L Crossing Shuffle, ¼ Turn To 12:00 For Count 1 Of “A” Or “C”**
1&2 Step R to R side(1), step together with L(&), Step R to R side(2),
3&4 Turn ¼ L, and Step L to L side(3), step together with R(&), Step L to L side.(4)
5&6 Cross R over L(5), step L to L side(&), cross R over L(6)
7&8 Make ½ turn L as you cross L over R(7), step R to R side(&), cross L over R(8) (12:00)

Part C (64 Counts)

Section 1: **Stomp R, Hold 2 Counts, L Sailor Step, Hold 2 Counts, Ball, ¼ Rock, Recover**
1,2,3,4&5 Stomp R to R side(1), Hold (2-3) Cross L behind R(4), Step R to R(&), Step L to L(5)
6,7&8& Hold (6-7) Step R next to L(&), Turn ¼ L stepping L forward w/rock fwd(8), recover back on R (&)(9:00)

Section 2: **Step Back, Ball Step Back/Body Rolls Back (X2), Hold, Run Slightly Fwd R, L, R, L**
1,2 Step L slightly back(1), body roll back ending with weight L(2),
&3,4 Quick step R next to L(&), step L slightly back(3), starting body roll back ending with weight L(4)
&5,6 Quick step R next to L(&), press L slightly back ending with weight L(5), Hold(6)
7&8& Taking VERY SMALL steps, run slightly fwd, R(7), L(&), R(8), L(&)

Section 3: K-Step (To Finish C, Repeat These Last 16 Count 2 More Times)

1,2,3,4 Step R forward on diagonal(1), touch L next to R(2), Step L back on diagonal (3), touch R next to L(4),
5,6,7,8 Step back R on diagonal(5), touch L next to R(6), Step forward L on diagonal(7), touch R next to L(8)

Section 4: R Side, L Together, Weave With Attitude, Cross & Cross Step L ¼ T Left

1,2,3,4 Step R to R side(1), Step L next to R(2), Cross R over L(3), Step L to L popping R knee(4),
5,6, Step R Behind L popping L knee(5), Step L to L popping R knee(6),
7&8& Cross R over L(7), step L to L(&), cross R over L(8), ¼ turn L step fwd L(&)

Section 5 – 8: (Repeat C3-C4 Two More Times From The K-Step) Which Will Take You Back To 12:00 – To Start B

Sequence: A B A B C B

Have Fun And DANCE HAPPY!
