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I Can Lose My Heart Tonight

64 Count, 4 Wall, Improver (Phrased)

Choreographer: Amy Yang (TW) Jun 2017

Choreographed to: I Can Lose My Heart Tonight by C.C. Catch

Intro: 32 Counts

Sequence Of Dance: B A A A(16) B / A A A A A A(16)

Part A (32 Counts)

Section 1: Cross, Point(R&L), Jazz Box

1 - 4 Cross RF over LF, Point LF to L, Cross LF over RF, Point RF to R

5 - 8 Cross RF over LF, Step LF back, Step RF to R, Cross LF over RF

Section 2: Side, Recover, Cross Shuffle, Side, Behind, 1/4 Turn L Forward, Brush

1-2,3&4 Step RF to R, Recover onto LF, Cross RF over LF, Step LF to L, Cross RF over LF

5 - 8 Step LF to L, Cross RF behind LF, 1/4 turn L step LF forward, Brush RF forward(09:00)

Section 3: Toe Strut And Hip Bump(R&L), Forward, Recover, Coaster

1 - 4 Touch RF toe forward with hip bump, Step RF heel down, Touch LF toe forward with hip bump, Step LF heel down

5-6,7&8 Step RF forward, Recover onto LF, Step RF back, Step LF beside RF, Step RF forward

Section 4: Forward, Recover, 1/2 Turn L Forward Shuffle, Sway

1-2,3&4 Step LF forward, Recover onto RF, 1/2 turn L step LF forward, Lock RF behind LF, Step LF forward(03:00)

5 - 8 Step RF to R then sway hip R, L, R, L

Part B (32 Counts)

Section 1: Side Mambo(R&L), Mambo(Forward&Back)

1&2,3&4 Step RF to R, Recover onto LF, Step RF beside LF, Step LF to L, Recover onto RF, Step LF beside RF

5&6,7&8 Step RF forward, Recover onto LF, Step RF back, Step LF back, Recover onto RF, Step LF forward

Section 2: Walk Forward(R, L, R), Touch, Walk Back(L, R, L), Touch

1 - 4 Walk forward R, L, R, Touch LF forward

5 - 8 Walk back L, R, L, Touch RF back

Section 3: Side, Touch(R&L), Rolling Vine, Touch

1 - 4 Step RF to R, Touch LF behind RF, Step LF to L, Touch RF behind LF

5 - 8 1/4 turn R stepping forward on RF, 1/2 turn R stepping back on LF, 1/4 turn R stepping RF to R, Touch LF to L(12:00)

Section 4: Side, Touch(L&R), Rolling Vine, Touch

1 - 4 Step LF to L, Touch RF behind LF, Step RF to R, Touch LF behind RF

5 - 8 1/4 turn L stepping forward on LF, 1/2 turn L stepping back on RF, 1/4 turn L stepping LF to L, Touch RF to R(12:00)

Start Again

Ending: During Wall 12, After 16 Counts. Pivot 1/2 Turn L To Face The Front (Facing 12:00)

Have Fun & Happy Dancing!