



Web site: [www.linedancerweb.com](http://www.linedancerweb.com)

E-mail: [admin@linedancerweb.com](mailto:admin@linedancerweb.com)

## Awella

80 Count, 2 Wall, Intermediate (Phrased)  
Choreographer: Penny Tan (MY), Nina Chen (TW)  
& EWS Winson (MY) May 2017  
Choreographed to: Awella by Theo Rose

**Intro:** 32 Counts In (Approx. 21 Sec)

**Sequence:** A, B, A (16), A, B, A, B With Ending

**Part A (48 Counts)**

**Section 1:** R-L Samba Whisks, R Forward Kick, ¼ (R) With R Side, L Inward Knee Pop & R Look, L Recover With R Inward Knee Popped & L Look, R Recover & ¼ (R) With L Sweep

1a2 Weight on LF: Step RF to R side (1), rock LF behind RF (a), recover weight on RF (2) 12.00

3a4 Step LF to L side (3), rock RF behind LF (a), recover weight on LF (4) 12.00

5&6 Kick RF forward (5), turn ¼ R stepping RF to R side (&), pop L knee inward (6) – look to the right 3.00

7-8 Recover L knee to the original position whilst popping R knee inward – look to the left (7), recover R knee to the original position making a ¼ R sweeping LF from back to front (8) 6.00

**Section 2:** L Forward Rock & Recover With L Sweep, L Sailor ¼ (L) With L Forward, R Paddle ¼ (L) With R Heel Swiveled Outward

1-2 Rock LF forward bringing RF behind L ankle in “coupe” (1), recover weight on RF sweeping LF from front to back (2) 6.00

3&4 Turn ¼ L crossing LF behind RF (3), step RF to R side (&), step LF forward (4) 3.00

5&6& Turn 1/16 L pointing R toes forward while swiveling R heel out to R side (5), return weight to LF while twisting R heel in (&), turn 1/16 L pointing R toes forward while swiveling R heel out to R side (6), return to weight to LF while twisting R heel in (&) 1.30

7&8 Turn 1/16 L pointing R toes forward while swiveling R heel out to R side (7), return weight to LF while twisting R heel in (&), turn 1/16 L pointing R toes forward while swiveling R heel out to R side (8) - remain weight on LF \*\*\* 12.00

**Styling (5-8): Try To Lift And Drop Your Hips To Execute The Paddle Steps**

**Restart Here On A (16), Facing 6.00 O'clock.**

**Section 3:** R-L Vaudeville Steps, 1/8 (R) With R Knee Popped & Styling, R Recover With L Knee Popped & Styling, Hip Bumps

1&2& Cross RF over LF (1), step LF to L side (&), dig R heel diagonally to R side (2), step RF in place (&) 12.00

3&4& Cross LF over RF (3), step RF to R side (&), dig L heel diagonally to L side (4), step LF in place (&) 12.00

5-6 Turn 1/8 L popping R knee forward – head looks down (5), recover R knee to the original position stepping RF in place while popping L knee forward - head looks up (6) 10.30

7&8 Bump hips forward (7), bump hips backward (&), bump hips forward (8) 10.30

**Section 4:** 1/8 (R) With L Side, R Back Flick With Head Tilted, R Side, L Back Flick With Head Tilted, L Side Mambo, R Side Mambo With R Touch

1-2 Turn 1/8 R stepping LF to L side (1), flick RF behind LF (2) – tilt your head to L side 12.00

3-4 Step RF to R side (3), flick LF behind RF (4) – tilt your head to R side 12.00

**Styling (1-4): Circling Both Index Fingers At Both Sides Of Your Temple As If Someone Is Crazy**

5&6 Rock LF to L side (5), recover weight on RF (&), close LF next to RF (6) 12.00

7&8 Rock RF to R side (7), recover weight on LF (&), touch R toes beside LF (8) 12.00

**Section 5:** ¼ (R) With R Forward, L Forward, R-L-R Forward Run, ½ (L) With L Forward, R Forward, L-R-L Forward Run

1-2 Turn ¼ R stepping RF forward (1), step LF forward (2) 3.00

3&4 Run RF forward (3), run LF forward (&), run RF forward (4) 3.00

**Styling (1-4): Raise Both Arms In The Air And Swing Them To Both Sides According To The Steps**

5-6 Turn ½ L stepping LF forward (5), step RF forward (6) 9.00

7&8 Run LF forward (7), run RF forward (&), run LF forward (8) 9.00

**Styling (5-8): Raise Both Arms In The Air And Swing Them To Both Sides According To The Steps**

- 
- Section 6: R Side With Chest Pump X2, L Together, R Side With Chest Pump X2, L Touch, L&R Out, Hip Roll**
- 1a2 Step RF to R side pumping chest forward twice (1-a), close LF next to RF while contracting chest inward (2) 9.00
- 3a4 Step RF to R side pumping chest forward twice (3-a), touch L toes beside RF while contracting chest inward (4) 9.00
- &5 Step LF to L side (&), step RF to R side (5) – feet are apart 9.00
- 6-8 Roll hips from L to R slowly for 3 counts (6-7-8) – end weight on LF 9.00
- Part B (32 Counts) – It Starts At 9.00 O'clock.**
- Section 1: L Diagonal With R Syncopated Rocking Chair, R Cross Rock Side, L Paddle  $\frac{3}{4}$  (R) With L Hitched & Side Pointed**
- 1&2& Facing L diagonal – Rock RF forward (1), recover weight on LF (&), rock RF back (2), recover weight on LF (&) 7.30
- 3&4 Cross rock RF over LF (3), recover weight on LF (&), step RF to R side (4) – square up to the original wall 9.00
- &5&6 Lift L knee up beside RF (&), turn  $\frac{1}{8}$  R pointing L toes to L side (5), lift L knee up beside RF (&), turn  $\frac{1}{4}$  R pointing L toes to L side (6) 1.30
- &7&8 Lift L knee up beside RF (&), turn  $\frac{1}{4}$  R pointing L toes to L side (7), lift L knee up beside RF (&), turn  $\frac{1}{8}$  R pointing L toes to L side (8) 6.00
- Section 2: R Diagonal With L Syncopated Rocking Chair, L Cross Rock Side, R Paddle Full Turn (L) With R Hitched & Side Pointed**
- 1&2& Facing R diagonal – Rock LF forward (1), recover weight on RF (&), rock LF back (2), recover weight on RF (&) 6.00
- 3&4 Cross rock LF over RF (3), recover weight on RF (&), step LF to L side (4) – square up to the original wall 6.00
- &5&6 Lift R knee up beside LF (&), turn  $\frac{1}{4}$  L pointing R toes to R side (5), lift R knee up beside LF (&), turn  $\frac{1}{4}$  L pointing R toes to R side (6) 12.00
- &7&8 Lift R knee up beside LF (&), turn  $\frac{1}{4}$  L pointing R toes to R side (7), lift R knee up beside LF (&), turn  $\frac{1}{4}$  L pointing R toes to R side (8) 6.00
- Section 3: R Forward Mambo, L Back Mambo, R Forward Diagonal Jump & L Close, Knee Splits, L Back Diagonal Jump & R Close, Knee Splits**
- 1&2 Rock RF forward (1), recover weight on LF (&), close RF beside LF (2) 6.00
- 3&4 Rock LF back (3), recover weight on RF (&), close LF beside RF (4) 6.00
- &5&6 Jump RF forward to R diagonal (&), close LF beside RF (5), split both knees outward (&), return both knees (6) 6.00
- &7&8 Jump LF back to L diagonal (&), close RF beside LF (7), split both knees outward (&), return both knees (8) 6.00
- Section 4: R Forward Mambo, L Back Mambo, R Jazz Box Cross**
- 1&2 Rock RF forward (1), recover weight on LF (&), close RF beside LF (2) 6.00
- 3&4 Rock LF back (3), recover weight on RF (&), close LF beside RF (4) 6.00
- 5-8 Cross RF over LF (5), step LF back (6), step RF to R side (7), cross LF over RF (8) 6.00
- Ending: Dance Part B Until Count 28, Then Change R Jazz Box Cross To R Jazz Box  $\frac{1}{2}$  R, Finishing At 12.00 O'clock.**
-