

Build Me Up Buttercup

IMPROVER

32 Count 4 Walls

Choreographed by: Paul Clifton

Choreographed to: Build Me Up

Buttercup by The Foundations

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- 1 HEEL GRIND 1/4 TURN RIGHT, COASTER STEP, HEEL GRIND 1/4 TURN LEFT, COASTER STEP.**
1 - 2 Touch right heel forward, Grind right heel making 1/4 turn right (weight on left).
3 & 4 Step back on right, Step left next to right, Step forward on right.
5 - 6 Touch left heel forward, Grind left heel left making 1/4 turn left (weight on right)..
7 & 8 Step back on left, Step right next to left, Step forward on left.
- 2 PIVOT 1/2 TURN LEFT, RIGHT SHUFFLE, PIVOT 1/2 TURN RIGHT, 1/4 TURN RIGHT, LEFT CHASSE**
1 - 2 Step forward on right, Pivot 1/2 turn left.
3 & 4 Right shuffle forward stepping R,L,R
5 - 6 Step forward on left, Pivot 1/2 turn right.
7 & 8 Make 1/4 turn right & step left to left side, Step right next to left, Step left to left side.
- 3 BACK ROCK, KICK BALL CROSS, RIGHT VINE, HEEL JACK, CROSS.**
1 - 2 Rock right behind left, Recover onto left.
3 & 4 Kick right diagonally forward to right, Step slightly back on right, Cross step left over right.
5 - 6 Step right to right side, Cross left behind right.
& 7 & 8 Step slightly back on right, Dig left heel diagonally forward left, Step slightly back on left, Cross step right over left.
- 4 STEP TOUCHES LEFT & RIGHT, LEFT KICKBALL CHANGE, LEFT SHUFFLE.**
1 - 4 Step left diagonally forward left, Touch right next to left, Step right diagonally forward right, Touch left next to right.
5 & 6 Kick left forward, Step slightly back on ball of left, Step right next to left.
7 & 8 Left shuffle forward stepping L,R,L
- TAG 8 count tag is required at the end of walls 4 & 8 both facing 12oclock**
1 - 2 Step right to right side dipping slightly, Push hips right as you straighten.
3 - 4 Step left to left side dipping slightly, Push hips left as you straighten.
5 & 6 Kick right forward, Step right next to left, Point left to left side.
7 & 8 Kick left forward, Step left next to right, Point right to right side.
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