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Shake It Kate

32 Count, 4 Wall, Beginner

Choreographer: Taren Gaia (ZA) May 2017

Choreographed to: Sister Kate by The Ditty Bops

Intro: 16 Counts

Note: This Song Was Written For A Fellow Dancer (Bonnie Shen) For Her 60th Birthday – Gatsby Theme, Although It Has A Charleston Theme, It Can Be Done To Other Styles/Music With A Standard 4/4 Timing.

Section 1: Walk Forward X2, Charleston Step, Step 1/4 Pivot

1-2 2 Walks forward (R-L)
3-4 Tap RF forward, Step RF back
5-6 Tap LF back, Step LF forward
7-8 Step RF forward, pivot 1/4 turn L transferring weight onto LF

Section 2: Cross-Strut-Side-Strut X2, Jazz Box

1&2& Press R toe over LF, Lower R Heel down, Press L toe to L Side, Lower L Heel down
3&4& Press R toe over LF, Lower R Heel down, Press L toe to L Side, Lower L Heel down
5-6 Cross RF over LF, step LF back
7-8 RF to R Side, Step LF to RF keeping weight on LF

Section 3: Walks Forward X3, Kick, Walks Back X3, Touch

1-4 3 walks forward (R-L-R), Kick LF forward
5-8 3 walks back (L-R-L), Touch RF to LF

Section 4: Side Point X2, Twists

1-2 Tap RF to R side, Step RF to LF
3-4 Tap LF to L side, Step LF to RF
5&6 With knees slightly bent, Twist Heels (R-L-R)
7&8 With knees slightly bent, Twist Heels (L-R-L)

**Tag: Wall 1, 3, 6 – After The Chorus
Repeat The Last 4 Counts Of The Dance - Twists**

Enjoy