

Slow Hands

32 Count, 4 Wall, Improver

Choreographer: Jose Miguel Belloque Vane (NL) May 2017

Choreographed to: Slow Hands by Niall Horan

Introduction: 16 Counts, Start Approx 14 Sec.

Sequences: 32, 16, Restart, 32, 16, Restart, 24, Restart, 32, 24, Restart, 32, 32, Ending.

Section 1: Walks Fwd R, L, ½ Pivot Turn L, Continue A ½ Turn L, Sweep L, Weave R, Side Rock, Recover & Cross.

1-2 Walk R forward, Walk L forward.

3&4 Step R forward, Pivot ½ turn L (6) over L, Continue a ½ turn L (12) step R slightly back and sweep L from front to back.

5&6 Step L behind R, Step R to R, Step L across R.

7&8 Step R to R, Recover back onto L, Step R across L.

Section 2: Small Step Back, Sweep R, Behind, Side, ½ Pivot Turn L, ¼ Paddel Turn L, ½ Paddel Turn L, ½ Sailor Turn R.

1,2& Step L slightly back and sweep R from front to back, Step R behind L, Making ¼ turn L (9) step L to L.

3-4 Step R forward, Pivot ½ turn L (9) over L taking weight onto L.

5-6 Making ¼ turn L (12) over L and point R out to R, Making ½ turn (6) L over L and point R out to R.

7&8 Step R behind L, Making ½ turn R (12) step L to L, Step R forward.

Note: Restart Here In Wall 2 / 4 After 16& Counts, After Start Again

Section 3: Ball Step, Walk L, R Anchor Step, Sweeps Back & Replace L, R, L, Sailor Turn L.

&1-2 Step L behind R on ball, Step R forward, Walk L forward.

3&4 Locked R behind L take weight onto R, Recover back onto L, Recover back onto R and sweep L from front to back.

5-6 Step L back in place slightly back and sweep R from front to back, Step R back in place and sweep L from front to back.

7&8 Step L behind R, Making ½ turn L (6) step R to R, Step L forward.

Note: Restart Here In Wall 5 / 7 After 24 Counts, After Start Again

Section 4: 2x Cross Heel Jacks R, L (Travelling Fwd), Walk R With ¼ Turn L, Walk L, ½ Pivot Turn L, Together (Weight Change).

1&2& Step R across L, Step L to L slightly forward, Touch R heel diagonal forward, Step R back in place.

3&4& Step L across R, Step R to R slightly forward, Touch L heel diagonal forward, Step L back in place.

5-6 Making ¼ turn L (3) walk R forward, Walk L forward.

7-8 Step R forward, Pivot ½ turn L (9) over R and step L beside R taking weight onto L.

Repeat Dance And Have Fun!!