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Let It Out

64 Count, 2 Wall, Intermediate (Phrased)
Choreographer: Flat Guo & Yan Zi Zhang (CN) May 2017
Choreographed to: Let It Out by Charlie Wilson
feat. Snoopy Dogg

Count In: 32 Counts

Sequence: ABB/ABB/ABB/ABA*(24)

Part A (32 Counts)

Section 1: R Walk, L Walk, R Mambo Step, L Fwd, ½ Turn L Stepping R Back, L Sweeping, L Behind, R Side, L Cross

1 2 3&4 1) Step R forward 2) Step L forward 3) Step R forward &) recover weight L 4) Step R back 12:00

5 6 5) Step L forward 6) make 1/2turn left stepping back R as you begin sweeping L 6:00

7&8 7) Step L behind R &) Step R to R side 8) Step L cross R 6:00

Section 2: R Scissors Step, 3/8turn R Stepping L Back, ½ Turn R Stepping R Fwd, L Fwd, ½ Turn L Stepping R Back, L Back, R Hip Bump Ball Seep

&1 2 &) Step R to right side 1) Step L next to R 2) Step R cross L 4:30

3 4 3) Make 3/8turn right stepping L back 9:00 4) make 1/2turn R stepping R forward 3:00

5&6 5) Step L forward &) make 1/2turn left stepping R back 6) step L back 9:00

7&8 7) R hip bump &) Step R behind L 8) Step L forward 9:00

Section 3: R Fwd, L Anchor Step, R Anchor Step, L Back Lock, L Behind, R Side, L Cross

1 1) Step R forward 9:00

2&3 2) Step L back &) recover weight R 3) step L back as you begin sweeping R

4&5 4) Step R back &) recover weight L 5) step R back as you begin sweeping L

6& 6) Step L back &) step R back over left 9:00

7&8 7) Step L behind R &) step R to right side 8) step L cross over R 9:00 R cross

Section 4: Unwind 1/2 L, L Chasse, R Rock, ½ Turn L Chair Turn, R Pencil Turn

1 2&3 4 1) Step R cross L 2) make 1/2turn L stepping L to left side &) step R next to L 3) step L to left side 4) Rock R to right side 3:00

5&6 7 8 5) Step L forward &) recover weight R 6) make 1/2turn L stepping L forward 9:00 7) step R forward 8) 3/4turn R stepping R pencil turn 6:00

Part B (32 Counts)

Section 1: R Knee Out In, R Kick R Step, L Lock, R Step L Knee Out In, L Kick, L Step, R Lock, L Step

1&2&3&4& 1) Step R to R side as you knee out &) R knee in 2) step R knee out &) R knee in 3) step R kick diagonal 1:30 &) step R forward 4) lack L behind R &) recover weight R

5&6&7&8& 5) Step L to L side as you knee out &) L knee in 6) Step L knee out &) L knee in 7) step L kick diagonal 10:30 &) step L forward 8) lock R behind L &) recover weight L 12:00

Section 2: Switch R-L, T Step, Heel Jack, R Fwd, 1/2 Pivot Turn Left

1&2&3&4& 1) Touch R heel forward &) step in place on ball of L 2) touch L heel forward &) step in place on ball of R 3) point R toe to right side &) step in place on ball of L 4) point L toe to left side &) step in place on ball of R

5&6&7 8 5) Touch R next to L &) step R back 6) touch L heel forward &) step in place on ball of L 7) step R forward 8) 1/2 pivot turn left 6:00

Section 3: R Cross, 1/4 Turn R, Stepping L Back, 1/2 Turn R, Triple R-L-R, L Rock, 1/2 Turn L, Triple L-R-L

1 2 3&4 1) Cross R over L 2) make 1/4 turn R stepping L back 3) make 1/4 turn R stepping R to right side 12:00 &) step L next to R 4) make 1/4 turn R stepping R forward 3:00

5 6 7&8 5) Rock L forward 6) recover weight R 7) make 1/4 turn L stepping L to left side &) step R next to L 8) make 1/4 turn L stepping L forward 9:00

Section 4: Cross In Place, R Point X2, R Behind, L Side, R Cross, L Back, R Together, Hips Back

&1 2 &) Make 1/4 L turn left, stepping R in place behind L 1) cross L over R 2) point R to right side 6:00

&3 4 &) Step R in place behind L 3) cross L over R 4) point R to right side

5&6 5) Step R behind L &) step L to left side 6) cross R over L

&7 8 &) Step L back 7) step R behind L 8) pushing hips back 6:00

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