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16 count intro

**Step. Pivot 1/2 turn Left. Triple 1/2 turn Left. Back. 1/2 turn Right. Triple 1/2 turn Right**

- 1 – 2 Step forward on Right. Pivot 1/2 turn Left  
3&4 Triple 1/2 turn Left stepping Right. Left. Right  
5 – 6 Step back on Left. 1/2 turn Right stepping forward on Right  
7&8 Triple 1/2 turn Right stepping Left. Right. Left (Facing 12 o'clock)

**Back rock. Shuffle forward. Sway Left. Sway Right. Side. Slide/touch**

- 1 – 2 Rock back on Right. Recover onto Left  
3&4 Step forward on Right. Step Left beside Right. Step forward on Right  
5 – 6 Step Left to Left swaying hips Left. Sway hips Right  
7 – 8 Long step Left on Left. Slide Right to touch beside Left

**1/4 turn Right. 1/2 turn Right. Back lock step. Back rock. Full turn Right (travelling forward)**

- 1 – 2 1/4 turn Right stepping forward on Right. 1/2 turn Right stepping back on Left (Facing 9 o'clock)  
3&4 Step back on Right. Lock Left over Right. Step back on Right  
5 – 6 Rock back on Left (angling body Left ready for turn). Recover onto Right  
7 – 8 1/2 turn Right stepping back on Left. 1/2 turn Right stepping forward on Right  
Option: Steps 7 – 8 can be replaced with two walks forward, Left. Right

**Side. Touch-ball-cross. Touch-ball cross rock. Sailor step**

- 1 – 2 Step Left to Left side. Touch Right toe beside Left heel  
&3-4 Step slightly back on Right. Cross Left over Right. Touch Right toe beside Left heel  
&5-6 Step slightly back on Right. Cross rock Left over Right. Recover onto Right  
7&8 Sweep Left out and around stepping behind Right. Step Right to Right. Step forward on Left

\***Restart** occurs during wall 5. Dance up to and including step 8 of section 2 (Side Left. Touch)  
Then start dance again from the beginning facing 12 o'clock. The restart is very easy to spot as wall 5 starts with an instrumental section and you will restart when vocals cut back in.

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Music download available from iTunes