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## I Can Cook

32 Count, 4 Wall, Improver

Choreographer: Gail A Dawson (US) May 2017

Choreographed to: I Can Cook by Patti LaBelle

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**Intro: 16 Counts**

**Section 1: Vine, Touch Out, Touch In, Step, Slide**

1,2 Step R to R, step L behind R  
3,4 Step R to R, touch L beside R  
5,6 Touch L out to L, touch L beside R  
7,8 Long step L to L, slide R beside L (do not take weight on R)

**Section 2: Heel, Heel, Jazz Box ¼ Turn**

1,2 Tap R heel forward, step R beside L  
3,4 Tap L heel forward, step L beside R  
5,6 Cross R over L, step back on L  
7,8 Step R ¼ turn R (3:00), cross L over R

\*\*\*Restart Here on Wall 11 (wall starts at 6:00, restart at 9:00)

**Section 3: Step, Slide, Rock, Recover, Toe Struts**

1,2 Long step R to R, slide L toward R (do not take weight)  
3,4 Rock L behind R, recover to R (angle to corner 1:30)  
5,6 Step forward on L toe, drop heel taking weight  
7,8 Step forward on R toe, drop heel taking weight

**Section 4: Scissor Step, Touch Out, Touch In, Hip Bump**

1,2 Step L to L (squaring up to 3:00), step R beside L  
3,4 Cross L over R, hold  
5,6 Touch R out to R, touch R beside L  
7,8 Hip bump R, L