

STEP, DRAG, ROCK-ROCK-ROCK:

- 1 Long step to left side with left foot (left toe pointed forward-left, body facing forward)
2 Slide right foot next to left foot (third position.) Lifting left heel and moving hips to right side
3 Drop left heel and shift weight and hips to left, raise right heel.
& Drop right heel and shift weight and hips to right, raising left heel
4 Drop left heel and shift weight and hips to left, raise right heel.

STEP, DRAG, ROCK-ROCK-ROCK:

- 5 Long step to right side with right foot (left toe pointed forward-left, body facing forward)
6 Slide left foot next to right foot (third position.) Lifting right heel and moving hips to left side
7 Drop right heel and shift weight and hips to right, raise left heel.
& Drop left heel and shift weight and hips to left, raising right heel
8 Drop right heel and shift weight and hips to right, raise left heel.

DIAGONAL FACING LEFT SHUFFLE, DIAGONAL FACING RIGHT SHUFFLE:

- 9 Step forward with left foot, body and toe facing forward-right
& Place right foot next to left instep
10 Step forward with left foot
& Pivot 1/4 turn left on ball of left foot
11 Step forward with right foot, body and toe facing forward-left
& Place left foot next to right instep
12 Step forward with right foot

/NOTE: Hands follow feet on a Locomotion (circular) pattern

CROSS, STOMP, SWIVEL, TURN:

- & Lift left knee across right leg
13 Step across in front of right leg with ball of left foot, toe pointed forward-left
14 Uncross right foot and stomp (down) next to left foot
15 Swivel both heel to right side
& Swivel both heel to left side
16 Swivel/pivot 1/2 turn left on ball of both feet. Weight ends on right foot, left heel raised

DIAGONAL FACING LEFT SHUFFLE, DIAGONAL FACING RIGHT SHUFFLE:

- 17 Step forward with left foot, body and toe facing forward-right
& Place right foot next to left instep
18 Step forward with left foot
& Pivot 1/4 turn left on ball of left foot
19 Step forward with right foot, body and toe facing forward-left
& Place left foot next to right instep
20 Step forward with right foot

/NOTE: Hands follow feet on a Locomotion (circular) pattern

CROSS, STOMP, SWIVEL, TURN:

- & Lift left knee across right leg
21 Step across in front of right leg with ball of left foot, toe pointed forward-left
22 Uncross right foot and stomp (down) next to left foot
23 Swivel both heel to right side
& Swivel both heel to left side
24 Swivel/pivot 1/2 turn left on ball of both feet. Weight ends on right foot, left heel raised

LEFT SHUFFLE, BRUSH, HEEL DROP, STEP BACK:

- 25 Step forward with left foot
& Place right foot at left instep
26 Step forward with left foot
27 Brush right foot forward and lift left heel
& Drop left heel

28 Step back with right foot 2 to 4 inches from left instep (open third position) right toe pointed forward-right

PIGEON TOES, BRUSH, PIVOT, STEP:

& Swivel heel apart

29 Swivel heels to third position

& Swivel heels apart

30 Swivel heels to third position, weight on left foot, right heel raised

31 Brush 1/4 turn left with right heel, raise left heel

& Drop left heel

32 Place right instep at left heel (third position)

REPEAT

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