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First Punch

32 Count, 4 Wall, Beginner Choreographer: Ed Evangelista (US) May 2017 Choreographed to: First Punch by Heather Richardson

Intro: Begin On Lyrics, No Tags, No Restarts. Yeah!!

Section 1: Cross Rock, Shuffle, Cross Rock Suffle

1-2 Cross rock R over L, recover to L

3&4 Side shuffle right-left-right

5-6 Cross rock L over R, recover to R

7&8 Side shuffle left-right-left

Section 2: Wizard Right, Wizard Left, Rock Recover Coaster Step

1-2& Step R diagonal right, step L behind R, step on R3-4& Step L diagonal left, step R behind L, step on L

5-6 Rock forward on R, recover L

7&8 Step R back, step on L next to R, step forward on R

Section 3: Pivot ¼ Turn Syncopated Weave, Side Rock Syncopated Weave

1-2 Step forward on L, pivot ¼ turn shift weight to R3&4 Step L behind R, step R to side, cross L over R

5-6 Rock R side right, recover on L

7&8 Step R behind L, step L to side, cross R over L with weight on R

Section 4: Rocking Chair, Coaster Step, Cross Rock Recover

1-2 Rock forward on L, recover to R

3&4 Step back on L, step R together, step forward on L

5-6 Cross R over L, recover to L

7-8 Rock R side right, recover weight to L

Start Over & Enjoy!!

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