

Web site: www.linedancerweb.com

E-mail: admin@linedancerweb.com

Pockets Full Of Sunshine

32 Count, 4 Wall, Improver Choreographer: Frederick Fung (CA) May 2017 Choreographed to: Pocketful Of Sunshine by Natasha Bedingfield

Musical Introduction: 16 Counts

Section 1: 1&2 3, 4 5&6 7, 8	Chasse R, LF Rock Back, RF Recover, Chasse L, RF Rock Back, LF Recover (12:00) Step RF to side, close LF next to RF (&), step RF to side LF Rock back, RF Recover Step LF to side, close RF next to LF (&), step LF to side RF Rock back, LF Recover
Section 2: 1-3 4 5-6 7-8	RF Toe Heel Cross, LF Step Fwd, RF Charleston Fwd & Back, LF Charleston Back & Fwd RF Toe, Heel, Step slightly cross forward LF step forward in front of RF Sweep R toe forward, sweep RF back Sweep L toe backward, sweep LF forward
Section 3: 1 2 3 & 4 5 6 7&8	RF Step R, R Hip Ball Change, ¼ Turn L, Step LF Side, RF Hitch Above Ankle, Chasse R Step RF to R with slight knee bent Swing right hip to right to straighten RF up Close LF next to RF, Press LF ball hard to make ¼ turn to left RF step forward (with RF pointing 12:00 and head facing 9:00) Make ¼ turn to right, LF steps side to left(facing 12:00) RF hitch above LF lower calf Step RF to side, close LF next to RF, step RF to side
Section 4: 1, 2 3, 4 5 6 7&8	LF Step Down, RF Jive Kick Cross, RF Step Down, LF Toe Point Cross, 1/4 Turn L, LF Jive Walk, 1/4 Turn L, RF Jive Walk, 1/4 Turn L, LF Step Lock Step LF step down in place, RF kicks towards 11:00 RF step down in place, LF toe point towards 1:00 Make 1/4 turn L, LF Jive walk forward (RF hitch above lower calf) Make 1/4 turn L, RF Jive walk forward (LF hitch above ankle) Make 1/4 turn L, step LF forward, lock RF behind LF, step LF forward
Repeat Tag:	At The End Of Wall #6 Facing 6:00, Add The Following 4 Counts For LF And RF…
	Disco R(1-2) And Disco L(3-4)

1 - 4 Twist left (1), Twist right (2), Twist left (3), Twist right (4)

Ending On Wall #10 After Dancing Up To 20 Counts.

Enjoy This Line Dance Until Your Heart And Soul Are Touched By "Pockets Full Of Sunshine"!