

## The Rhythm

32 Count, 4 Wall, Intermediate

Choreographer: Michael O'Shea (IE) May 2017

Choreographed to: Me & The Rhythm by Selena Gomez

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**Intro: 16 Counts, Start On Vocals.**

**Section 1: Rocking Chair & Scuff Hitch, Toe, Body Roll & Side Switches**

1&2& rock fwd right, recover onto left, rock back right, recover onto left  
3&4 scuff right, hitch right knee, touch right toe back  
5&6 body roll back onto right, close left to right, step back right  
7&8 point left to left side, close left beside right, point right to right side (12:00)

**Section 2: Samba Step, Cross, Turn 1/4, Side 1/4, Cross Rock, Side, Cross**

1&2 cross right over left, rock left to left side, replace weight to right  
3-4 cross left over right, step right back 1/4 left  
5 turning 1/4 turn left step left to left side  
6&7 rock right over left, replace weight to left, step right to right side  
8 cross left over right (6:00)

**Section 3: Step 1/4, Drag, Ball Cross, Side, Sailor Step, Coaster Step**

1 2 step right to right side, turning 1/4 turn left - step left big step to left side  
3-&4 drag right to left, close right beside left, cross left over right,  
5 step right to right side  
6&7 rock left behind right, step right to right side, step left to left side (sailor step)  
8&1 step back right, close left to right, step fwd right (3:00)

**Section 4: Pivot 1/2 Turn, Step, Kick Ball, Side Rock, Close, Side Rock**

2-3-4 step fwd left, pivot 1/2 turn right, step fwd left  
5&6 kick right foot fwd, step onto right, rock left to left side  
&7&8 recover onto right, close left to right, rock right to right side, recover onto left. (9:00)

**Note: Steps 5-8 Travel Forward.**

**Begin Again.**

**No Tags, No Restarts. Enjoy!**