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Whiter Shade Of Pale

32 Count, 2 Wall, Intermediate

Choreographer: Judy Rodgers (US) Apr 2017

Choreographed to: A Whiter Shade of Pale by Procol Harum

#32 Count Intro - (NO Tags Or Restarts)

Section 1: **Step, Sailor Turn 1/4 L, Step Turn 1/2 R Step Back, Back, Back Rocking Chair**

- 1 Step R big step right
- 2&3 Turning 1/4 left step L behind R, step R to side, step L fwd - 9:00
- 4-6 Step R fwd, turn 1/2 right step L back, step R back - 3:00
- 7&8& Rock L back, recover R, rock L fwd, recover R

Section 2: **Turn 1/2 L Step Fwd, Side Rock Cross, Turn 1/4 R, Step Side, Cross & Cross/Rock, Recover**

- 1 Turn 1/2 left step L fwd - 9:00
- 2&3 Rock R to side, recover L, cross R over L
- 4-5 Turn 1/4 right step L back, step R to right side - 12:00
- 6&7 Cross L over R, step R to right side, cross/rock L over R
- 8 Recover R

Section 3: **Side Rock Recover, Side Behind Turn 1/4 R, Step, Turn 1/2 L Turn 1/2 L, Rock Recover Turn 1/4 R**

- 1-2& Step L to left side, rock R behind L, recover L
- 3-4& Step R to right side, rock L behind R, turn 1/4 right step R fwd - 3:00
- 5 Step L fwd
- 6-7 Turn 1/2 left step R back, turn 1/2 left step L fwd (or walk, walk)
(* Harder option 6-7: Step R fwd, full spiral turn left on ball of R, step L fwd)**
- 8&1 Rock R fwd, recover, turn 1/4 right step R to right side - 6:00

Section 4: **Sailor Turn 3/8 L Sweep R, Cross Side Behind (Turning 1/8 L) Sweep L, Sailor Turn 3/8 L, Turn 1/8 L Walk Walk (This Set Should Flow In A Full Circle Moving Left)**

- 2&3 Step L behind R, turn 3/8 left step R to right side, step L fwd, sweep R over L - 1:30
- 4&5 Cross/step R over L, step L to left side, step R behind L, sweep L from front - 11:00
(Styling.....steps 4&5 should turn to the left, keeping the flow in the circle)
- 6&7 Turn 3/8 left step L behind R, step R to side, step L fwd - 7:30
- 8& Turn 1/8 left walk R, L - 6:00