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## Back Road Body

32 Count, 4 Wall, Improver
Choreographer: Lynn Card \& Brenda Shatto (USA) Apr 2017
Choreographed to: Body Like A Back Road by Sam Hunt

Track: $\quad 2: 42 m-B P M 99$
Note: $\quad$ Restart on wall 5 (starts at 12:00) after 16 counts. Optional tag- See bottom of sheet.
Intro: 16 counts, 11 seconds, on the word "south-side"
Section 1 Walk, Walk, Toe strut-bump, Step, Toe strut-bump, Step, Rock, Return
1,2
Walk forward R, L
3,4 Touch ball of $R$ forward bumping hip, step $R$ forward
5,6 Touch ball of $L$ forward bumping hip, step $L$ forward
7,8 Rock $R$ forward, return to $L$ [12:00]
Section 2 Back, Sweep, Back, Sweep ¼ Right, Pulsing triple back R, L
1,2 Step R back and sweep L front to back (over 2 counts)
3,4 Step L back and sweep R front to back making $1 / 4$ turn right (over 2 counts) [3:00]
5\&6 Step $R$ back (body angles right) and sit into $R$ hip, pulse up, sit into $R$ hip again
$7 \& 8 \quad$ Step $L$ back (body angles left) and sit into $L$ hip, pulse up, sit into $L$ hip again
(Optional body roll moving down for 7-8) * [3:00]

* Restart on wall 5, facing 3:00

Section 3 Rock, Return, Spiral $3 / 4$ Left, Hold, Side, Drag, Side, Step together
1,2 Rock $R$ back, return to $L$ (prep for left turn)
3,4 Step $R$ forward and $3 / 4$ left spiral turn hitching $L$ foot next to shin, hold [6:00]
$5,6 \quad$ Step $L$ to left, drag $R$ to $L$ (weight stays on $L$ )
7,8 Step $R$ to right, step $L$ next to $R$ (angle body slightly to left diagonal) [6:00]
Section 4 Cross, Side, Cross, Hitch, Cross, Side, Cross, $1 / 4$ turn left Hitch
1,2,3 Cross $R$ over $L$, step $L$ to $L$, cross $R$ over $L$ (still facing left diagonal)
4
$5,6,7 \quad$ Cross $L$ over $R$, step $R$ to $R$, cross $L$ over $R$ (still facing right diagonal)
8

Optional Tag: At end of wall 7, facing 9:00, and at 2:18 in the song. It's close to the end of the song so you can opt to dance through it, but if you want to keep the phrasing do the following steps:
1-4 Bend knees/dip (1), straighten \& push R hip to right (2), bend knees/dip (3), straighten \& push L hip left (4)
5-8 Sway hips R, L, R, L.
Start wall 9 facing 9:00.
Ending: $\quad$ The song ends as you are doing count 29 (cross $L$ over $R$ ) at 3:00. Unwind $3 / 4$ to right to face the front.

