



Easy Mom

32 Count, 4 Wall, Beginner

Choreographer: Susanne Lindberg (Sweden)

Choreographed to: Mom by Meghan Trainor ft. Kelli Trainor

Starts 13 sec in on the beat before the verse when she sings "She's my world"

DIAGONAL STEP TOUCH (K-STEP)

- 1-2 Step right to right front diagonal, Touch left beside right
- 3-4 Step left to left back diagonal, Touch right beside left
- 5-6 Step right to right back diagonal, Touch left beside right
- 7-8 Step left to left front diagonal, Touch right beside left

R F/W, HOLD, R F/W TURN, HOLD, L F/W, HOLD, L F/W TURN, HOLD

- 1-2 Step forward on right, Hold
- 3-4 Step forward on left, Turn ½ right
- 5-6 Hold, Step forward on left
- 7-8 Step forward on right, turn ½ left

VINE R, TOUCH, VINE LEFT ¼ TURN, SCUFF

- 1-2 Step right to right side, Step left behind right
- 3-4 Step right to right side, Touch left toe beside right
- 5-6 Step left to left side, Step right behind left
- 7-8 Turn ¼ left to left side, Scuff right

R FORWARD, ½ L TURN, ROCK FORWARD/SIDE/BACK

- 1-2 Step forward on right, turn ½ left
- 3-4 Rock right forward, Recover on left
- 5-6 Rock right to right side, Recover on left
- 7-8 Rock right back, Recover on left

OPTIONAL RESTART

Skip the rock steps in S4 after the phone call with mom and start over