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To The Metal

64 Count, 2 Wall, Intermediate (Smooth)

Choreographer: Roy Verdonk & Sebastiaan Holtland (NL)
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Choreographed to: Pedal To The Metal by Raul Midon

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- Intro:** 16 counts, start on approx. 12 sec.
- Sequence:** 64, 32, Restart, 64, 64, 36, Restart to 12 o'clock, 64, 64 ending.
- Section 1** **Step Heel Twist (diag), Together, Knee Pops R, L, R, Cross Sailor R with ¼ Turn R, Cross Sailor L with 3/8 Turn L.**
- 1&2 Step R diagonal forward R, Twist R heel out, Twist R heel back in place and Step L beside R weight onto R (10.30).
- 3&4 Pop R knee forward, Pop L knee forward, Pop R knee forward.
- 5&6 Step R across L, Making 1/4 turn R (1.30) step L to L, Step R to R.
- 7&8 Step L across R, Making 3/8 turn L (9) step R to R, Step L to L.
- Section 2** **Step, ½ Turn R, Back, Back & Touch Fwd, Replace, ½ Sweep Turn L, Replace, ½ Swivel Turn L.**
- 1-2 Step R forward, Making ½ turn R (3) step L back.
- &3-4 Step R back, Touch L forward, Step L back in place.
- 5-6 Making ½ turn L (9) stepping R together and sweeping L from front to back and step L behind R.
- 7&8 Swivel both heels right, Swivel both heels back in place, Swivel both heels right making ½ turn L taking weight onto R (3:00).
- Section 3** **Kick & Cross, Back, Step Back, Lock, Step Back, Back Rock / Recover, ¼ Turn L, Point, Touch, Side (syncopated).**
- 1&2 Kick L forward, Step L across R, Step R back.
- 3&4 Step L back, Lock R across L, Step L back.
- 5-6 Step R back, Recover back onto L.
- 7&8 Making ¼ turn L (12) point R out to R, Touch R beside L, Step R to R.
- Section 4** **Syncopated Cross Rock Back / Recover, Touch Fwd (diag), Syncopated Cross Rock Back / Recover, Side, Cross, ¼ Turn R, Back, 1/4 Turn R, Step, Step.**
- 1&2 Step L behind R, Recover back onto R, Point L diagonal forward.
- 3&4 Step L behind R, Recover back onto R, Step L to L.
- 5-8 Step R across L, Making ¼ turn R (3) step L back, Making 1/4 turn R (6) step R forward, Step L forward.
- Note: Restart here in Wall 2 after 32 counts, after start again to (facing 12 o'clock).**
- Section 5** **¼ Turn L, Side, Touch, & Cross, Side, Hold, Together, Side, Press Step, ¼ Turn R, Sweep R.**
- 1-2 Making ¼ turn L (3) step R to R, Touch L beside R.
- &3-4 Step L slightly to L, Step R across L, Step L to L.
- Note: 2nd Restart here in Wall 5 after 36 counts, you step ¼ turn left fwd on L to 12 o'clock, instead of stepping left.**
- 5&6 Hold, Step R beside L, Step L to L.
- 7-8 Press R across forward, Making ¼ turn R (6) recover back onto L sweep R from front to back.
- Section 6** **Sailors R, L, Kick & Touch, Cross & Side with ¼ Turn L, Side, Together.**
- 1&2 Step R behind L, Step L to L, Step R to R.
- 3&4 Step L behind R, Step R to R, Step L to L.
- 5&6 Kick R forward, Step R back in place, Touch L forward.
- 7&8&& Step L across R, Making ¼ turn L (3) step R slightly to R, Step L to L, Step R beside L.
- Section 7** **Side, Touch, Side, Touch, ¼ Turn L, Step, ½ Turn L, Back, Step Back, Lock, Step Back.**
- 1-4 Step L to L, Touch R beside L, Step R to R, Touch L beside R.
- 5-6 Making ¼ turn L (12) step L forward, Continue ½ Turn L (6) step R back.
- 7&8 Step L back, Lock R across L, Step L back.
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**Section 8 Back Rock / Recover, Syncopated Side Rock / Recover & Cross, Syncopated Full
Walking Circle L, Stomp, Hold.**

1-2 Step R back, Recover back onto L.

3&4 Step R to R, Recover back onto L, Step R across L.

5&6& L+R+L+R full walking circle L (syncopated) squaring up at (6:00).

7-8 Stomp L forward, Hold.

Repeat Dance And Have Fun!

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