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My Hands On You

32 Count, 4 Wall, Improver
Choreographer: Dwight Meessen (NL) Apr 2017
Choreographed to: Hands by Macy Gray
Album: The Way

Info: 108 Bpm - Intro 16 counts

Section 1 Side, Together, Chassé $\frac{1}{4}$ R, Pivot $\frac{1}{2}$ R, Cross Samba $\frac{1}{8}$ L

1-2 RF step side, LF together
3&4 RF step side, LF together, RF $\frac{1}{4}$ right step forward
5-6 LF step forward, L+R $\frac{1}{2}$ turn right
7&8 LF cross over, RF rock side, LF $\frac{1}{8}$ left recover [7.30]

Section 2 Mod. Charleston, Jazz Box Cross $\frac{3}{8}$ R

1-4 RF step forward, LF sweep and point forward, LF step back, RF sweep and point back
5-8 RF cross over, LF $\frac{3}{8}$ right step back, RF step side, LF cross over [12]

Section 3 Hinge $\frac{3}{4}$ L, Pivot $\frac{1}{2}$ L, Shuffle Fwd x2

1-2 RF $\frac{1}{4}$ left step back, LF $\frac{1}{2}$ left step forward
3-4 RF step forward, R+L $\frac{1}{2}$ turn left
5&6 RF step forward, LF step beside, RF step forward
7&8 LF step forward, RF step beside, LF step forward [9]

Section 4 Shuffle $\frac{1}{2}$ L, Coaster, Out Out, Ball Cross, Unwind Full Turn R

1&2 RF $\frac{1}{4}$ left step side, LF step beside, RF $\frac{1}{4}$ left step back
3&4 LF step back, RF together, LF step forward
&5 RF step right forward (out), LF step side (out)
&6 RF step back to center on ball foot, LF cross over
7-8 R+L full turn right in 2 counts [3]

Option 5-8: Jazz Box Cross

Start again
