

Body Like A Back Road

32 Count, 4 Wall, Improver

Choreographer: Jenergy & Company - February 2017

Choreographed to: Body Like a Back Road by Sam Hunt

Alt. music: Dancing Kizomba by Alz Veliz

Weight starts on Right Foot

S1 Take Weight Ball Of L, Hips Thrusts, Step Back L Sliding R, Rumba Box R, Rolling Vine L

- 1 Step L next to R keeping weight elevated on ball of L foot (*see end of dance for tips on flow)
- 2&3 Step R forward thrusting R hip forward, shift weight back to L thrusting L hip back, Shift weight forward
R thrusting R hip forward
- 4 Step L back dragging R
- 5&6 Step back R, Step L to R, Step R to R side (prep/bend knee for rolling vine)
- 7&8 Step L to L side turning 1/4 turn L, Step R as you turn 1/2 L, Step L turning 1/4 L to face 12 o'clock
(Replace rolling vine with traditional vine if needed)

S2 Cross Rock, Side Rock, Weave L, Sway L Then R

- 1-2 Step R across L, recover weight to L
- 3-4 Step R to R side, recover weight to L
- 5&6 Step R behind L, Step L to L side, Step R across L
- 7-8 Step L to L swaying hips L, Step R to R swaying hips R

S3 Kick Cross Touch L-R Then R-L, Rock Forward L Recover R, Walk Back L,R,L

- 1&2 Kick L forward, Step L crossing over R, Touch R toe to R side
- 3&4 Kick R forward, Step R crossing over L, Touch L toe to L side
- 5-6 Step L forward, Recover weight to R
- 7&8 Step back L, Step back R, Step back L

S4 Nightclub R, Nightclub L, 1/4 Turn R Shuffle On R, Point L, Cross L Over R, Step Back R

- 1-2& Slide R to R side, Rock L behind R, Recover weight R
- 3-4& Slide L to L side, Rock R behind L, Recover weight L
- 5&6 1/4 turn R (facing 3 o'clock) as you step R forward, Step L to Right, Step R forward
- 7 Point L toe out to L side
- 8& Cross L over R, Step R back
- (*Dance begins taking weight to L, flow is to Step L to R with weight being elevated up on balls of both feet before stepping forward R on 2 count for hip thrusts)**

Repeat & Enjoy!