

Bouncing Betty

48 Count, 2 Wall, Intermediate

Choreographer: A.A.J.D. (UK) Mar 2017

Choreographed to: Bouncing Betty Boogie by Hayseed Dixie

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- Section 1** **Toe, Heel, Toe, kick, Cross, Back, Side, Hold, Toe, Heel, Toe, Kick, Cross, Back, Side, Hold.**
1 & 2 & Touch right toe slightly forward, touch right heel slightly forward, touch right toe slightly forward, kick forward right.
3 & 4 & Cross right over left, step back left, step right to right side, hold.
5 & 6 & Touch left toe slightly forward, touch left heel slightly forward, touch left toe slightly forward, kick forward left.
7 & 8 & Cross left over right, step back right, step left to left side, hold.
- Section 2** **Right Lock, Step Pivot ½, ½, Back Strut, Back Strut, Coaster.**
1 & 2 Step forward right, lock left behind right, step forward right.
3 & 4 Step forward left, pivot ½ turn right, turn ½ turn right stepping back on left.
5 & 6 Step right toe back, step right heel down, step left toe back, step left heel down.
7 & 8 Step back right, step left next to right, step forward right.
- Section 3** **Left Lock, Right Lock, Cross, Back, ¼, Hold, Weave**
1 & 2 Step forward left, lock right behind left, step forward left.
3 & 4 Step forward right, lock left behind right, step forward right.
5 & 6 & Cross left over right, step back right, ¼ turn left stepping left to left side, hold.
7 & 8 & Cross right over left, step left to left side, step right behind left, step left to left side.
- Section 4** **Cross Rock, Side, Together, Side, Touch, Side, Touch, Rhumba.**
1 & 2 Cross rock right over left, recover onto left, step right to right side.
& 3 & Step left next to right, step right to right side, touch left next to right.
4 & Step left to left side, touch right next left.
5 & 6 Step right to right side, step left next to right, step forward right.
7 & 8 Step left to left side, step right next to left, step back left.
- Section 5** **Back Lock, Coaster, Run x3, Mambo.**
1 & 2 Step back right, lock left in front of right, step back right.
3 & 4 Step back left, step right next to left, step forward left.
5 & 6 Step forward right, step forward left, step forward right (bend knees slightly)
7 & 8 Rock forward on left, recover onto right, step back left.
- Section 6** **Out, In, Out, Coaster, Rocking Chair, Cross, Back, ¼, Hold.**
1 & 2 Point right to right side, touch right next to left, point right to right side.
3 & 4 Step back right, step left next to right, step forward right.
5 & 6 & Rock forward left, recover onto right, rock back left, recover onto right.
7 & 8 & Cross left over right, step back right, ¼ turn left stepping left to left side, hold.

no tags – no restarts