



Web site: [www.linedancerweb.com](http://www.linedancerweb.com)

E-mail: [admin@linedancerweb.com](mailto:admin@linedancerweb.com)

## Boom Pow

32 Count, 4 Wall, Intermediate

Choreographer: Scott Blevins & Jo Thompson Szymanski (USA)

Mar 2017

Choreographed to: Boom Pow by Alexandra Stan.

Album: Alesta

---

### 32 count intro (2 Restarts occurring after count 16 on rotations 2 and 5)

#### Section 1 **Walk, Walk, Mambo Step, Out, Out, Cross, ½ Unwind, Step Right w/Elbow, Step Left w/Elbow**

- 1-2 1) Step R forward; 2) Step L forward  
3&4 3) Rock R forward; &) Recover to L; 4) Step R back  
&5-6& &) Step L back/out to left; 5) Step R back/out to right; 6) Cross ball of L over R;  
&) Unwind ½ right shifting weight to L as you bring R foot behind L calf/bring R fist, palm side down, to center of chest with arm parallel to floor [6:00]  
7&8 7) Step R to right pushing hips right/push R elbow to right; &) Bring L foot behind R calf/bring L fist, palm side down, to center of chest with arm parallel to floor (drop R arm); 8) Step L to left pushing hips left/push L elbow to left  
**Note: Arm movements are optional.**

#### Section 2 **Behind w/Lift, Behind, Side, Cross, Side, Cross, Cross, ¼ Back, ¼ Side, Cross, Side, Back, Together**

- 1-2&3 1) Step R behind L lifting L knee (drop L arm); 2) Step L behind R; &) Step R to right; 3) Step L across R  
&4 &) Step R to right; 4) Step L across R  
5&6& 5) Cross R over L; &) Turn ¼ right stepping L back; 6) Turn ¼ right stepping R to right; &) Step L across R  
7&8 7) Step R to right angling body to face [11:00] diagonal; &) Step L back; 8) Step R beside L pushing hips back  
**Note: Steps 5 through 8 should be small and executed lightly on the balls of the feet. Restart: here on rotation 2 squaring up to the original [3:00] wall and on rotation 5 squaring up to the original [9:00] wall. You just stepped R beside L pushing hips back so weight is likely on both feet but be sure you are ready to step off with R to square up and Restart!**

#### Section 3 **Push Fwd, Push Back, Boogie Back L-R-L, Back Ball Rock, Walk, Walk, Side, Together, ¼ Left**

- 1-2 1) Step ball of L fwd pushing hips fwd toward [11:00]; 2) Push hips back taking weight on R  
3&4& 3) Small step back on ball of L pushing hips left; &) Small step back on ball of R pushing hips right; 4) Small step back on ball of L pushing hips left; &) Rock ball of R back  
5-6 5) Step L forward; 6) Step R forward  
**Note: Counts 1 through 6 are all facing the [11:00] diagonal.**  
7&8 7) With both knees bent, square up to [12:00] stepping ball of L to left as you open knees; &) Keeping knees bent, step ball of R next to L closing knees; 8) Turn ¼ left stepping L forward [9:00]

#### Section 4 **½ Left C-Bump, Walk, Walk, (next Few Steps Create A Fwd Moving Full Circle) Fwd Close 3x, Fwd**

- 1&2 1) Turn ¼ left bumping hips up/right [6:00]; &) Touching R beside L bump hips center/left  
2) Turn ¼ left bumping hips back/down ending in a sit position with weight on R [3:00]  
3-4 3) Step L forward; 4) Step R forward  
5-8 5) Immediately start turning gradually left/anti-clockwise as you move progressively forward to complete a full circle. 5) Step L forward; &) Close R; 6) Step L fwd; &) Close R; 7) Step L fwd; &) Close R; 8) Step L fwd [3:00]

**Enjoy!**