

No More Sad Songs

INTERMEDIATE

64 Count 4 Walls

Choreographed by: Jabez Webb

Choreographed to: No More Sad Songs
by Little Mix (feat. Machine Gun Kelly)

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- 1 Left points, left shuffle, right points, right shuffle.**
1 & 2 Point left foot to left side, touch together, point left foot to left side
3 & 4 Step left forward, step right behind left, step forward on left.
5 & 6 Point right to right side, touch together, point right to right side.
7 & 8 Step forward on right foot, step left foot behind right, step forward on right foot.
- 2 Step, ¼ turn right, cross shuffle, points right and left, heels right and left.**
1,2 Step forward on left, ¼ turn right. (3.00)
3 & 4 Cross left across right, step right to right side, Cross left across right.
5 & 6 & Point right to right side, step together, point left to left side, step together.
7 & 8 & Right heel forward, step on right, Left heel forward, step on left.
- 3 Right rocking chair, step right, ½ turn left, shuffle.**
1,2 Rock forward on right foot, recover on left foot.
3,4 Rock back on right foot, recover on left foot.
5,6 Step forward on right foot, ½ turn left.
7 & 8 Step forward on right foot, step left foot behind right, step forward on right foot. (9.00)
- 4 Jazz box cross, left chase, rock, recover**
1,2 Cross left foot across right, step back on right foot.
3,4 Step on left foot together, cross right foot across left.
5 & 6 Step left foot to left side, Step right foot together, step left foot to left side.
7,8 Rock back on right foot, recover forward onto left foot.
- 5 Step right, left cross & heel, right cross & heel, walk right, left.**
1,2 Step right foot to right side, step left foot across right foot.
& 3 & 4 Step onto right foot, dig left heel forward, step onto left foot, cross right foot over left.
& 5 & 6 Step onto left foot, dig right heel forward, step onto right foot, step forward on left.
7,8 Walk forward on right, left.
- 6 Step left, right, turn ¼ right chasse, rock, recover, step, touch.**
1,2 Rock forward on right foot, recover onto left.
3 & 4 Turning ¼ right step on right foot, step left foot together, step right foot to right side. (12.00)
5,6 Rock left foot across right, recover onto right foot.
7,8 Step left foot to left side, touch right foot together.
- 7 Stepping forward with hip sways on right, left, right, left kick-ball-change.**
1 & 2 Step forward on right swaying hips forward, back, forward.
3 & 4 Step forward on left swaying hips forward, back, forward.
5 & 6 Step forward on right swaying hips forward, back, forward.
7 & 8 Step forward on left foot, kick right foot forward, step onto right foot.
- 8 Step forward, turn ¼ left, walk left, right, right jazz box touch.**
1,2 Step forward onto right foot, turn ¼ left.
3,4 Walk forward on right, left. (9.00)
5,6 Cross right foot across left, step back on left foot.
7,8 Step on right foot together, touch left together.
- TAG End of wall 2. Left rocking chair.**
1,2 Rock forward onto left foot, recover back onto left foot.
3,4 Rock back onto left foot, recover forward onto right foot.
- FINISH After count 32 on wall 6. ½ turn, step forward.**
1,2 ½ turn onto right foot, step forward on left foot.
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